



# CNCF Newsletter

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Volume 3



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## Introduction

Welcome to the spring edition of the CNCF Newsletter, our first of 2009. Although this year will be very challenging, we continue to support thousands of sunshine children of Vietnam & Mongolia. As of

the start of this year, CNCF have been involved in 101 projects in Vietnam, a great testament to the work of Christina Noble. We have several fundraising events taking place this year which are de-

scribed in greater detail in the newsletter. Finally, as always, we want to thank all of our friends and supporters who continue to help us push for a better childhood for these children.

## Vietnam Challenge 2009

We are delighted to announce that this year's charity challenge will be going ahead with the Sapa Hill Tribe Trek in Northern Vietnam from October 22<sup>nd</sup> —November 1<sup>st</sup> 2009.

So far 14 people have confirmed their places in the challenge, including a group of 12 led by Kathryn O'Sullivan from Cork. The trek will see them take on 17km per day through one of the most beautiful parts of the world over 8 days, starting in the capital city of Hanoi.

After exploring Hanoi and its stunning surroundings, the group will head further north to Sapa on the luxury Victoria Express Train.

The group will then experience true Sapa culture when they trek into the densely populated hill tribal areas of the country in all its wild and natural surroundings.

Sapa is a typical rugged northern Vietnamese area with lots of terraces, large rolling hills, deep valleys and rice fields. The trek will take the group along the best trails and off the beaten path and will maintain the essence of a challenge without the discomfort and promises to be the experience of a life-time.

The group have places remaining and if you would like to know more about the price or more details of the itinerary, feel free to contact the Dublin office on 01 6455555 or go to the 'Charity Challenge' website: [www.charitychallenge.com](http://www.charitychallenge.com) and go to Vietnam challenges.





## Women's Mini Marathon 2009

I'm sure many of you are anticipating the Women's Mini Marathon this year and have begun those 6 mile jogs every evening in preparation (!). Flora has renewed their sponsorship for the event until 2012. We had a great response last year from various groups of women who together raised in total over €4K.

We would like to give as much support as possible to all applicants in 2009 and would ask that you contact us as soon as possible if you are interested in raising funds for CNCF through the

mini marathon. We are more than happy to supply you with t-shirts, sponsorship cards, collection buckets and any information or advice you may need.

To register online for the Flora Mini-Marathon 2009, please go to [www.womensminimarathon.ie](http://www.womensminimarathon.ie)

We recommend registering sooner rather than later as the entries are already flooding in and it's best to have everything organized early so that fundraising and training can be your main priority in the coming

months.

Good luck with your application and let the fun begin!



## Mongol Rally

We've already had a surge of interest for the 2009 Mongol Rally and preparations are well under way. As always the teams will start their journey in England and make their way to Ulaanbaatar. The Rally this year starts on 18th July, 2009 at Goodwood Motor Circuit in Chichester. Following from last years success, 2009 is shaping up to be the biggest and best yet with entries from around the world, including Ireland.

This will be CNCF's fourth year

as an official charity, with, again, all funds raised supporting the running costs of the Blue Skies Ger Village.



Numerous teams have, in the past, taken the opportunity to visit the Ger Village and many that have visited are still involved with the Foundation as fundraisers or child sponsors.

For further information on this year's Rally please see the website:

[www.mongolrally09.theadventurists.com](http://www.mongolrally09.theadventurists.com).

Should you decide to take part in this adventure, please don't hesitate to contact the Dublin office for any fundraising materials you may need in the lead up to the rally.

## Colaiste Dhulaigh

Our good friends of Colaiste Dhulaigh are gearing up for the trip of a lifetime when, at the end of March, a group of teachers & 7 students will go to Ho Chi Minh city to see the Foundation and spend some time with the sunshine children. The students chosen for the trip all worked extremely hard in the past year to

raise money for the Foundation, including the organization of a fashion show, Christmas street



collections & fasting. The group will spend

one of the days painting a classroom and will also visit the school for the visually impaired.

Look out for an article in the education section of the Irish Times on March 18th on Colaiste Dhulaigh in which a few of the students are interviewed about the trip. We wish them a wonderful journey!



## Various Cheque Presentations

We are delighted with all the support we received from various sources in the past few months.

Maeve from the Dublin office travelled to Cork late January where **Viet Irish Support** were holding their annual Tet celebrations. The group held the event in celebration of their adopted children's heritage and it was a joy to see such beautiful happy children and their excitement as they performed a fan dance, sang traditional Vietnamese songs & fell about laughing at the puppet show. Maeve was presented with a cheque for €5,717.30 from their Cork Marathon efforts which will go toward the Social Medical Centre in Ho Chi Minh. Many thanks ladies!



Mandy Cotter, Deirdre Hennessy, Anne Marie Barbado & Maeve

**St. Gerard's Secondary school** in Bray presented Christina with a cheque for €6,708.00 which was raised by the fourth year students, led by Jett Desmond & David Symes through, a disco night earlier this year. It was great to see the fourth year students so enthusiastic about the Foundation and we'd like to thank

Gaiety Investments and MCD Productions for their generous donations.



Jett Desmond, David Symes & Christina

Mary O'Dwyer of **Christian Brothers Secondary School** held as 'Jersey Day' in the school and between Christian Brothers and the **Convent of Mercy Secondary School**, both in Down, Co. Limerick, they raised €1,779.50. Many thanks to Mary & all the students for their continued support to CNCF.



port to CNCF.

Maire Ni Bhrian of Gaelscoil de hIde, Co. Galway, raised €500.00 with her students through an exciting pre-Christmas fundraising event. Many thanks to everyone involved!

We are privileged to have such immense support from schools around the country and Maeve & David from the Dublin office are more than happy to visit, if required, and give presentations to the students.



## Donation cards now available

We now have two types of donation cards available from the Dublin office. The first is a fold over A5 size card suitable for weddings or parties which states that you have made a donation to CNCF on behalf of your guests. The second type is a small business card size and states that you have made a donation to CNCF

on someone's behalf. These are suitable to put in any celebratory cards and can be used for any amount. The cards are available by contacting us after a donation has been made and we will post them to your address. A great gift for a great cause.

To order these cards phone 01 6455555, email: [reception@cncf.ie](mailto:reception@cncf.ie) or

call into the office, our door is always open!



## Many thanks

We'd like to convey our gratitude to the many generous donors who continuously support CNCF through their own initiative through fundraising events or collections.

Many thanks to Mary Dorothy, Caron Clancy and all the staff at DELL, Emily Dunne, Eli Lilly, Patrick Phelan, The Irish Catholic, Roisin Kinsella, Rigars Plant Hire Ltd, Michael Lynch, Cro- Bar construction, S & E department, Tom &

Cecie Murphy, all the staff at 'Fourprint' and all our sponsors whose sponsorship continues to provide an education for over 1,600 children in Vietnam & Mongolia. We are happy to announce that we now have 101 projects running in Vietnam and it's still growing everyday thanks to the support of people such as yourselves who believe CNCF and understand the importance of giving children a better childhood.

## The Dublin office update

The Dublin office was sorry to say goodbye to Veronique Dowling who was recently blessed with the arrival of her second son. Veronique is still a great friend of the Foundation and is sorely missed.

We are happy to welcome a new member of staff, Paula Courtney who will work on a part-time basis and she's already taking to the role like a duck to water!

Maeve & David will keep everyone posted regarding the Vietnam Challenge and any other fundraising events coming up this year which we hope to get off the ground shortly.

As mentioned previously, Maeve and David are more than happy to make themselves available for any fundraising events and please don't hesitate to contact the Dublin office or call in anytime for merchandise or advice.

\*N.B. For your interest, check out this YouTube link which was made by a visitor to the Foundation in Mongolia and shows a homeless family benefit from the 'Give a Ger' program. A short but effective piece, documenting one case of hardship experienced in Mongolia: [http://www.youtube.com/watch?v=7\\_IV4bQMEvY](http://www.youtube.com/watch?v=7_IV4bQMEvY)

