



ANNUAL REPORT 2017
HEALTHCARE
PROGRAMME MONGOLIA

"My philosophy is not just about mending bodies. It is about restoring people's independence, giving them a life, not just an existence. It is about respect, love and dignity."

- Christina Noble OBE



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ABBREVIATIONS

OUR VISION, MISSION, VALUES

Vision: A united world where children are free from suffering, poverty, exploitation, fear, and oppression. Where children are aware of their fundamental human rights.

Mission: The Christina Noble Children's Foundation is dedicated to serving the emotional, physical, medical and educational needs of vulnerable children. We believe that every child deserves love, respect and freedom from all forms of exploitation. We establish long-term relationships with the children we support and empower them to live happy, emotionally rich, and independent lives.

Values: Our values represent our beliefs and guide how we behave. They are: Love, Compassion, Respect, Honesty, and Integrity.



EXECUTIVE SUMMARY

In 2017, the Healthcare Programme in Mongolia continued to provide free medical care to children living at the Blue Skies Ger Village, children in the Child Sponsorship Programme and their relatives, children attending the Blue Skies Day Care, and CNCF staff.

This year, 1,178 people benefitted from the Healthcare Programme, receiving a total of 3,499 check-ups and treatments.

Since inception in 1997
Healthcare Programme in Mongolia
has assisted more than
12,000
children and adults

In 2017
1,178
people benefited from the
Healthcare Programme

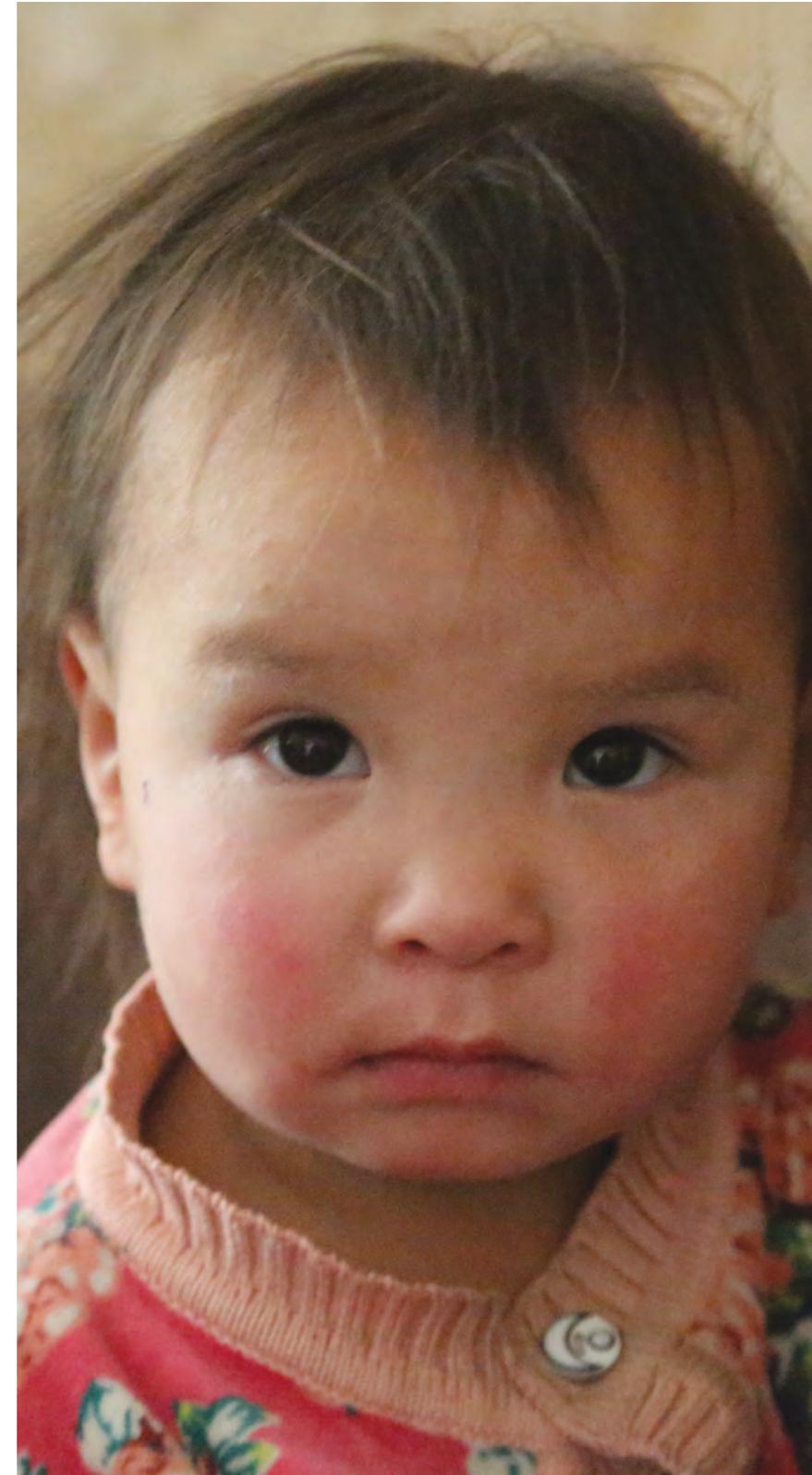
Healthcare Programme a total of
3,499
check-ups and treatments

In addition, to care provided by CNCF doctors and nurses, children and staff received check-ups from visiting physicians. These additional check-ups and assessments included dental, eye, gynaecology, dermatology, and ear, nose, and throat examinations.

Finally, we organised health education workshops on topics such as personal hygiene, sexual health, human anatomy, and first aid.

2017 Operating Costs: USD \$16,467.64

In 2018, we will continue to provide the vital services and facilities that support the physical well-being of our children and their family members, enabling them to lead more fulfilled, healthy, and productive lives. In addition to maintaining our current level of care, we always strive to improve our services and strengthen our ability to create lasting change in the lives of those we support. To achieve this aim, we plan to increase the number and scope of beneficiaries by hiring a doctor to accompany our social workers on home visits. We also plan to provide more training sessions to children and their families on healthy lifestyle choices and prevention, detection, and treatment of illnesses. Finally, we will collaborate even more with local schools to raise public awareness of sexual health.



PROGRAMME OVERVIEW

ESTABLISHED

1997

LOCATION

Ulaanbaatar, Mongolia

OBJECTIVES

To provide children and adults in need with free and timely health and medical care

PROGRAMME COMPONENTS

Medical check-ups, screening examinations, diagnoses, and medication for disadvantaged children and their families; maintenance and monitoring of health records of children at the Blue Skies Ger Village; provision of nutritious meals and supplements; training and awareness workshops for children, parents, and staff

BENEFICIARIES

Children under the care of CNCF Mongolia (Blue Skies Ger Village, Blue Skies Day Care, Child Sponsorship Programme) and their relatives; CNCF staff and their families; other children in need on a case-by-case basis

LOCAL PARTNERS

Songino Khaikhan District Medical Centre, Family Clinic of the Songino Khaikhan District, National Centre for Maternal and Child Health, Central Laboratory for Tuberculosis, City Optical Centre, Mongolian National University of Medical Sciences

CNCF INVOLVEMENT

Entirely responsible for funding, programme management, monitoring, and evaluation

“ 2017 has been an excellent year for all of the Foundation's programmes, including Healthcare. Many children and their family members are now living in good health as a result of our programme and can enjoy their lives free from physical pain and worry. When people live in such desperation and poverty, taking care of their health often seems like a luxury that they cannot afford – other things take priority, and this can sadly have grave consequences. We ensure that these children and their families receive essential health check-ups, vitamins, and treatments where necessary, referring them to specialist doctors and hospitals if we are unable to treat them on site.

Our programme also educates our children about how they can look after their bodies and maintain good health.

We would like to express our sincere gratitude to all of our donors and supporters from around the world, who allow us to provide this crucial service to the disadvantaged people of Mongolia. It may be hard to imagine the difference you are making when you cannot see it with your own eyes, but I can say with complete confidence, having looked into the eyes of these people during their greatest times of desperation and hopelessness, and seeing their faces change when they hear that they are not alone, that your support is genuinely changing worlds. From my heart, thank you.

- *Dagvadulam Ishdorj, CNCF Healthcare Programme Manager, and CNCF Nurse since 1997*



PROGRAMME OVERVIEW

CNCF MANAGEMENT

Helenita Pistolas, CEO; Thomas Minter, Director of Operations; Dagvadulam Ishdorj, Programme Manager and Nurse; Dr. Anujin Batbold, General Practitioner and General Assistant at the Blue Skies Ger Village; Dr. Purevdulam, Paediatrician

MONITORING AND EVALUATION

Written monthly reports are submitted to the Director of Operations and an annual report is sent to all stakeholders. Regular internal meetings are conducted for CNCF staff to discuss programme-related issues and updates

2017 ACTUAL COSTS

USD \$16,467.64

2017 PRIMARY PROJECT FUNDING

Rotary Club of Kowloon North, Hong Kong

FUTURE PLANS

In 2018, we will continue to provide the vital services and facilities that support the physical well-being of our children and their family members, enabling them to lead more fulfilled, healthy, and productive lives. In addition to maintaining our current level of care, we always strive to improve our services and strengthen our ability to create lasting change in the lives of those we support. To achieve this aim, we plan to increase the number and scope of beneficiaries by hiring a doctor to accompany our social workers on home visits. We also plan to provide more training sessions to children and their families on healthy lifestyle choices and prevention, detection, and treatment of illnesses. Finally, we will collaborate even more with local schools to raise public awareness of sexual health

REPORTING PERIOD

January - December 2017

PROGRAMME BACKGROUND

Fundamental to our Foundation's philosophy is the belief that all children should have access to high-quality healthcare. Our Healthcare Programme was established in 1997 to provide disadvantaged and at-risk children of Mongolia free professional medical check-ups, treatments, and emergency care.

The children in our care are treated with modern and traditional medicines for all mild to moderate health conditions. If our healthcare team is unsure about a diagnosis, or in more serious cases, children are referred to a tertiary level hospital for diagnosis and treatment. If a child requires emergency treatment, the Foundation pays for treatment at a private clinic so the child does not have to wait weeks or months to be seen at a state hospital. Thanks to our partnerships with local organisations, our children are often able to receive private check-ups and treatments for free or at significantly reduced cost.

Since the programme's inception, we have served over 12,000 children and their family members. We believe that helping our children build strong, healthy bodies is central to giving them the best possible start to life.

12,000 

children and their family members

have received healthcare services

Healthcare in Mongolia

Mongolia has made steady progress over the last two decades in improving the health of its people. However, wide disparities between urban and rural areas persist, with most regional hospitals being desperately under-equipped and many doctors under-trained. Inadequate access to water, sanitation facilities, medications, and good quality healthcare is the main concern in Mongolia's rural areas. In the cities, particularly the capital Ulaanbaatar and the surrounding ger district, poor air quality caused by pollution from the city's overcrowded road system, Soviet-era power plants, and the burning of low-quality energy sources to heat gers in the winter is the most significant health risk factor.

Due to overcrowding in Ulaanbaatar and steady migration from the countryside, State hospitals - including the one dedicated children's hospital - are continuously oversubscribed with waiting lists stretching months for many basic procedures.

State healthcare is provided free for those who make Social and Health Insurance contributions; however, many of the most impoverished families who are not employed in the formal sector, and in many cases lack official documents or paperwork, cannot access the state system.

Healthcare Programme Beneficiaries

- Children at our Blue Skies Ger Village
- Most children who reside at the Blue Skies Ger Village grew up in unsanitary squalid conditions, and thus, quality medical care is critical to get them back on track
- Children enrolled on our Child Sponsorship Programme
- Children enrolled in our Child Sponsorship Programme mainly live in Ulaanbaatar's ger district or rural countryside areas, often in extreme poverty. They are exposed to incredibly harsh winters and often do not have access to running water, sewage systems, sanitation facilities, or nutritious food
- Families of children enrolled in the Child Sponsorship Programme
- Many of Mongolia's poorest families have no access to the state healthcare system
- Children who attend our daycare. State healthcare is provided free for those who make Social and Health Insurance contributions; however, many of the most impoverished families who are not employed in the formal sector, and in many cases lack official documents or paperwork, cannot access the state system
- Like many of the children from the sponsorship programme, the children who attend the Blue Skies Day Care live in the Songino Khaikhan ger district area with no access to running water or healthcare
- Staff at our Blue Skies Ger Village and Blue Skies Day Care
- All our staff who work directly with the children receive an annual general health check-up and infectious disease check-up

Photo: Dagvadulam Ishdorj,
CNCF Healthcare Programme Manager,
and CNCF Nurse since 1997



OUR YEAR

2017 HIGHLIGHTS



1,178

Total people benefited from
Healthcare Programme



3,499

Total of check-ups and treatments



82

Day Care Children

*16 of whom were ger village residents and so have also been included in the ger village figure



1,269

Total check-ups



846

Child Sponsorship Children



159

Child Sponsorship Children Relatives



2,230

Total treatments



72

Ger Village Children



35

CNCF Staff



2017 MEDICAL TREATMENTS

Condition	Gender		Age (in years)				Total
	Male	Female	0 to 5	6 to 10	11 to 16	17 and above	
Respiratory problems	175	222	134	150	87	26	397
Vitaminisation	401	408	122	334	298	55	809
Stomach related ailments	29	49	25	19	21	13	78
Dental	43	59	32	37	26	7	102
Skin related ailments	56	67	40	24	34	25	123
Malnutrition	129	112	52	109	69	11	241
Eye related conditions	14	11	1	3	18	3	25
Otorhinolaryngology	60	99	25	57	55	22	159
Surgery	2	2	1	0	3	0	4
Chicken pox	4	8	6	3	3	0	12
Injuries	15	15	1	5	17	7	30
Anaemia	3	9	5	1	3	3	12
Urogenital conditions	5	21	1	2	14	9	26
Neurological conditions	37	47	4	31	29	20	84
Scabies	2	0	0	2	0	0	2
Physical therapy	0	2	0	0	2	0	2
Joint problem	2	8	0	4	2	4	10
Heart problem	3	9	1	1	1	9	12
Obesity	0	2	0	1	1	0	2
Diabetes	0	2	0	0	0	2	2
Asthma	11	10	3	3	11	4	21
Small wounds	19	17	6	5	18	7	36
Bandages	20	21	6	5	18	12	41
TOTALS	1,030	1,200	465	796	730	239	2,230

PROGRAMME ACTIVITIES

BLUE SKIES GER VILLAGE

Helping our children develop strong and healthy bodies is one of our top priorities. We provide nutritious meals, opportunities for physical activity, and regular check-ups at our Ger Village infirmary.

Most children who come into our care have grown up in unsanitary conditions. It is therefore crucial that they all receive a full health check upon arrival and have their details recorded for future monitoring. Our caring and sensitive medical team carry out these examinations. If they encounter any health issues that cannot be resolved on site, they refer the child to a paediatric specialist for further diagnosis and treatment. Some of the most common problems we see in our new arrivals are malnutrition, rickets, growth retardation, and severe dental issues.

In addition to receiving healthcare from our Foundation's medical team, a variety of doctors and medical students visit our Blue Skies Ger Village to perform specialist screenings and examinations. This year, these check-ups included two full physical preventative care examinations; two ear, nose, and throat screenings; an eye exam; a dermatology assessment; a dental exam; and a tuberculosis screening. Because of these examinations, we identify problems early, or even before they start, improving the chances for effective treatment and cure. All children were also checked for ringworm.

Our Ger Village Healthcare Programme educates our children about healthy lifestyle choices, good personal hygiene, first aid, human anatomy, and how to love and respect their bodies. This year, some of the topics covered were menstruation, oral hygiene, and sexual health. Because of the training sessions, our children now have a greater understanding of how the body works and how they can maintain good physical health.

72

Ger Village children received a total of **201 check-ups** this year, including eye; skin; dental; and ear, nose and throat

165

check-ups required no further action

36

check-ups highlighted the need for treatment





Opening case file

The ger village manager receives a case file from the district social workers with all available information about the child. The new arrival is showered and receives new clothes.



Health check-up

The child is taken to the infirmary for a general health check-up with either the ger village nurse or doctor. A health record book is created.



Further diagnosis

If our healthcare staff suspect any health issues, the child is referred to a paediatric specialist for further diagnosis and treatment.

All necessary treatments and medicines are provided.



Ongoing check-ups & monitoring

The child's health and progress are monitored regularly with check-ups and age-appropriate vaccinations.

Further action is taken when required and record books are updated.



BLUE SKIES DAY CARE

Upon enrolling in our Blue Skies Day Care, all children are examined by our Foundation's doctor. Their details are recorded for future monitoring and treatments are provided for any existing medical conditions. If a condition cannot be resolved on site, the child is referred to a specialist hospital or clinic. As with the Ger Village children, all daycare children receive check-ups from doctors who visit our village regularly throughout the year.

Because most of the daycare children come from backgrounds marred by extreme poverty, a common concern is malnutrition, which often results in stunted growth and rickets. Thus, providing wholesome and nutritious meals is a priority; the children receive three healthy meals each day and snacks. Meals and snacks include lots of fresh fruits and vegetables, which are grown in the Ger Village greenhouses whenever possible to ensure quality.

Children who are severely deficient in vitamins are provided with supplements year-round by our doctor, and every child receives a three-month supply of multivitamins in the winter months to help strengthen their immune systems. In October, fifty-eight children also benefited from a Vitamin A distribution that was carried out in cooperation with the district's family clinic.

57

Day Care children received a total of 173 check-ups, including eye; skin; dental; and ear, nose and throat

143

check-ups required no further action

Daycare children who live at home with their parents in Gers are often diagnosed with respiratory problems caused by the ger district's poor air quality. To reduce some of the discomfort experienced by our children, this year, massage therapy was introduced into our daycare. This had numerous health benefits for our little ones and helped improve their breathing and overall health by enhancing blood flow in the regions surrounding the lungs and other vital organs.

Finally, we teach the children the importance of healthy habits such as regular exercise and good personal hygiene. The children learn to sanitise their hands before eating and after using the bathroom, brush their teeth correctly, blow their noses properly, and use the toilet.

This year, all fifty-seven daycare children enrolled in the 2016-17 academic year received a full health assessment before summer holidays to ensure that were in good physical form before leaving us for the three-month break. One child was diagnosed with early-stage pneumonia. This child, a four-year-old, started treatment immediately and has since made a full recovery. His case highlights the importance of our work in detecting and treating these potentially fatal illnesses, which are prevalent in poor and developing communities. Sadly, many vulnerable children are not so lucky and thousands die each year of preventable and curable diseases.

30

check-ups highlighted the need for treatment

9

children did not receive health assessments



CHILD SPONSORSHIP PROGRAMME

Many poor children in Mongolia, including most children enrolled in our Child Sponsorship Programme, do not have access to clean water, sanitation facilities, medications, or good quality healthcare. These deprivations, combined with the harsh winter climate, poor air quality, and lack of readily available nutrient-rich foods, means that many of the country's lowest income children often suffer with poor health and are vulnerable to life-threatening conditions.

Our doctor attends each distribution day and provides full health check-ups and consultations to the children and their families at their request or upon our recommendation. She also administers medicines to treat minor conditions and high-quality dietary supplements to those who are deficient in certain vitamins and minerals.

If our doctor is unable to provide the necessary support, she arranges for the patient to be seen by a specialist at one of the city's hospitals. If this results in any additional cost to the family, we provide financial support through our Special Assistance Fund or, often, the child's sponsor will provide extra help.

846
SPONSORSHIP CHILDREN
and
159
RELATIVES

benefited from our Healthcare Programme







2017 MEDICAL CARE HIGHLIGHTS

Full Preventative Care Examinations by the National Centre for Maternal and Child Health

Biannually doctors from the National Centre for Maternal and Child Health visit the Blue Skies Ger Village and Blue Skies Day Care to carry out full health check-ups on our children. This includes an assessment of their entire organ systems; ear, nose and throat screenings; eyesight tests; and body measurements. This year the check-ups were carried out by one of the centre's leading paediatricians, along with nine of her co-workers and twelve undergraduate medical students. The highly organised and professional team's gentle and approachable manner, helped our children to feel at ease and comfortable during the examinations.



Ear, Nose, and Throat Check-Ups

Ger Village and Day Care children receive ear, nose, and throat examinations twice per year. This year, seventy-three children showed no signs of problems and twenty-four were treated for conditions such as tonsillitis, earwax build-up, and otitis.

76 CHILDREN

showed no cause for concern

Blue Skies Day Care

8 CHILDREN

had dry ear discharge and were treated by a local specialist

3 CHILDREN

had a 'foreign body' in their ear and were treated during the examinations

1 CHILD

was diagnosed with impaired hearing and will need to have surgery when she turns sixteen. In the meantime, she is receiving medication to treat ear discharge

1 CHILD

was diagnosed with chronic otitis and received a week's supply of antibiotic ear drops

Blue Skies Ger Village Children

2 CHILDREN

will require tonsillectomy surgery in the future. They are currently under the recommended age of eleven

2 CHILDREN

were diagnosed with tonsillitis and were treated with antibiotics

2 CHILDREN

had dry ear discharge and were treated by a local specialist

1 TEENAGE GIRL

was diagnosed with mesotympanitis, which is chronic inflammation of the eardrum cavity. Following the diagnosis, she underwent hearing tests and surgery. She has recovered fully, but our doctor continues to monitor her closely

1 CHILD

was diagnosed with chronic otitis, persistent draining perforation of the eardrum and received a week's supply of antibiotic ear drops



Ophthalmic Examinations

Each year, our Ger Village and daycare children and staff members receive a standard ophthalmic exam to check their eye health and vision.

This year, tests were carried out by a specialist doctor from the National Centre for Maternal and Child Health. Eighty-three children showed no cause for concern, nine received glasses, and four were diagnosed with conditions that require ongoing monitoring and, potentially, surgical treatment.

In addition, one Ger Village girl underwent ptosis surgery to remove excess, puffy eyelid skin. The surgery was carried out by the National Centre for Maternal and Child Health and improved the girl's vision and confidence.

Results of the eye exams:

83 CHILDREN

showed no cause for concern

9 CHILDREN

had blurred vision and received glasses

2 CHILDREN

have trichiasis, a common eyelid abnormality in which the eyelashes are misdirected and grow inward toward the eye, and will be monitored by our medical team for a year before deciding if they need surgical treatment

2 CHILDREN

have trichiasis and will be monitored by our medical team for a year before deciding if they need surgical treatment



1 CHILD

has ptosis, drooping of the upper eyelid and is scheduled for surgery in 2018

Gynaecological Check-Ups

As part of one our general preventative care examinations, we invited a gynaecologist to examine the girls living in the Ger Village, discuss any problems or concerns they had, and speak about the importance of good feminine hygiene. Thirty-eight girls received examinations and all were healthy and showed no cause for concern.

38 GIRLS

received gynaecological check-ups
all were healthy and showed no cause for concern



Dermatology Check-Ups

This year, a dermatologist came to the Ger Village to give skincare advice and perform general assessments. Fifty Ger Village children, forty daycare children, and twenty-five staff members benefited from the check-ups and have since taken active steps to improve their skincare routines.

Seventy-nine children had optimal skin health and eleven children had minor skin problems such as acne and dryness. The dermatologist advised that our children stay hydrated by drinking plenty of water and eating lots of fresh fruits and vegetables. She also talked to our teenagers about methods to reduce ache and some of its resulting discomfort.

50 GER VILLAGE CHILDREN
40 DAYCARE CHILDREN
received examinations

79 CHILDREN
had optimal skin health

11 CHILDREN
had minor skin problems such as acne and dryness



Dental Examinations and Treatments

Problems with teeth are particularly prevalent among the children that we care for partly due to a lack of education on the importance of oral hygiene in the ger district area. We therefore ensure that our children receive a full dental examination and specialist cleaning each year and further treatments when required. This year, the check-ups were carried out by the National Centre for Maternal and Child Health benefited thirty-nine children from our daycare and fifty-one children living at the Blue Skies Ger Village.

Following the examinations, nine daycare children and eleven Ger Village children required further treatments for minor issues such as cavities.

In addition to dental check-ups and treatments, we also organised a variety of educational workshops to help our children learn good oral hygiene habits and prevent future damage to their teeth. The children learned how to brush their teeth properly and which foods to limit to prevent tooth decay and staining. We continue to see improvements in our children's attitudes and behaviours toward their oral health. They take great pride in caring for their teeth and rarely need prompting by our staff to do so. We have also noticed an increase in confidence among the children who received braces last year. Typically, orthodontic work in Mongolia is only available to children from the wealthiest families and many poor children grow up with misaligned, protruding teeth which can cause a great deal of embarrassment and self-consciousness.

One of our older girls who received braces in 2016 expressed her happiness to our staff, "I feel so happy when I look into the mirror and see my teeth becoming straighter each day. I felt self-conscious about my teeth and didn't like to smile. Now I feel confident about the way I look and feel that this will improve my life forever. I feel very fortunate to have had this special dental treatment and can't wait to see the finished results. I don't think I will ever be able to stop smiling!"

Check-ups were carried out by the National Centre for Maternal and Child Health benefited

39 CHILDREN

Daycare

51 CHILDREN

Ger Village

9 DAYCARE CHILDREN

11 GER VILLAGE CHILDREN

required further treatments for minor issues such as cavities

Tuberculosis Testing

This year, one of our children (aged eighteen) was submitted to the National Communicable Disease Center after contracting tuberculosis. Following a month's stay in the hospital, she made a full recovery, but will remain under close monitoring by our medical team and the hospital until we are confident that there are no further risks posed to her health.

Because tuberculosis is an airborne infectious disease, it was important that screening tests were carried out on all Ger Village children and staff following the diagnosis. We invited a tuberculosis specialist from the National Communicable Disease Centre to test all our children and staff. Fortunately, no one had any symptoms and everyone was given the all-clear from the doctor.





HEALTH EDUCATION

Training and Awareness Workshops

Our medical team organises regular workshops and seminars to educate our children on the importance of maintaining good health and making healthy lifestyle choices.

This year, trainings at the Blue Skies Ger Village and Day Care included the following.



How to Brush Your Teeth Correctly - Ger Village and daycare children



Healthy Food and Healthy Living - Ger Village and daycare children



Girls' Hygiene - Ger Village girls over twelve years old



How to Take Care of Your Skin - Ger Village children



Boys' Hygiene - Ger Village boys over twelve years old



First Aid Training - Ger Village children and staff



Parasites and Hygiene - Ger Village children



Understanding and Communicating with Children About Physical Changes as They Grow Up - Ger Village staff



Human Anatomy - Ger Village children



General Hygiene - Ger Village and daycare children



How to Love and Care for Your Body - Ger Village children



Sexual Education - Ger Village children ages fourteen and up

Sex Education Workshops

The National Medical University organised two workshops for teenage girls in our Child Sponsorship Programme and their mothers. The workshops delivered information on safe sex, contraception, and the right to say no. These two important workshops benefited a total of 207 girls and mothers who as a result of the trainings now have the knowledge they need to lead more positive, healthy, and empowered lives.

Mental Health Workshop

A mental health workshop was held at our Ger Village to educate our children on how to care for their psychological well-being and how to manage their emotions when feeling angry, upset, or nervous. Twenty-one children ages twelve to eighteen attended the workshop where they learned how to cope with stressful situations.

Women's Health Education

We ensure that all girls in our care who are approaching puberty and those who have already begun their menstrual cycles receive support and guidance on what to expect, why these changes are occurring, and how to manage symptoms. We believe that creating an open and supportive space for our young woman to discuss these issues helps them to feel comfortable in their bodies.

Twenty eight girls attended these sessions. Our girls are always keen to ask questions and share their experiences. At the end of the sessions, the girls are taught some basic yoga positions to reduce pain and are given advice on other types of natural remedies that can ease discomfort.

Sex Education Workshops

207 GIRLS

ages 14-18 attended the workshop

Mental Health Workshop

21 CHILDREN

ages 12-18 attended the workshop

Women's Health Education

28 GIRLS

ages 12-18 attended the workshop





OUR STORIES

Health Recovery enables Bat to continue his studies

Seventeen-year-old Bat* and his older sister, Suvdaa*, came to live at the Blue Skies Ger Village in June 2007 because of their volatile living conditions. They were living with their alcoholic mother and grandmother in an old, rundown ger that provided little protection from Mongolia's harsh climate.

When their mother went to prison, the two children were in the care of their elderly grandmother, who struggled to provide for the two children without any support or stable income. After two years, she decided that she could no longer cope and brought her two grandchildren to live at our Ger Village, where they have since been able to enjoy a secure and happy childhood, surrounded by love and opportunities to develop into fulfilled and capable young people.

Suvdaa is now in China studying at university to become a geologist. She is an exceptionally bright and determined young woman with the potential to accomplish many great things in life. Bat is also a naturally smart boy and is now living and studying at college to become an equipment technician.

This year, during a Ger Village preventative check-up, Bat was diagnosed with a varicocele, an enlargement of the veins within the scrotum. His diagnosis highlights the importance of these routine examinations, because if his condition had been discovered any later it could have caused complications such as infertility and bleeding. Following the diagnosis, Bat underwent a varicocelectomy at the National Centre for Maternal and Child Health. The operation was successful, and after spending a week in the hospital, where he received lots of visitors and get-well gifts from our children and team, he returned in good health and high spirits.

Bat is now able to continue his studies and pursue his dream of finishing college and going on to university to become an engineer.

*Names changed for child protection



Ger Village Child's Testimony



I came to live at the Foundation's Ger Village in 2012 after my mother passed away. I never had a father, and so the Ger Village staff became my parents and all of the children my brothers and sisters. The Ger Village is my home. I love my Mama Tina, and I appreciate what she is doing for all of us. We feel her love every day through all of the staff and everything at the village which is filled with her love.

We consider ourselves as very lucky children, even if we have a small problem we go and see the doctor and nurse for help. Who else gets to have a doctor and nurse in their own home?! I had to have two orthognathic surgeries soon after my arrival. It was scary at the time, but the CNCF doctor said it was for my future well-being. This year I was diagnosed with an eye problem. Soon after the diagnosis, I went to a hospital for surgery, which went very well. I used to have a problem looking at the sun or looking up. I have a big fear of being sick, because every time I get sick, I miss my mother terribly.

However, I have big faith that my mother took me to the Ger Village as she wanted me to be in good hands and she knew that only Mama Tina could love me as much as her, and be able to be there for me whenever I need it. I love my Mama Tina family. They mean everything to me, and they are everything I have.



Parents Testimony



I am a single mother with two daughters. Ever since I was a little girl, I have gone through too many difficulties in life. Sometimes, I used to scream "god how many more days of suffering do I have left?".

One of the highlights of my life was living at the Ger Village with my children, where I was allowed to work as a ger mother for three years. I was inspired and encouraged by the children's beautiful hearts that shine like the sun.

My life at the village was peaceful and full of love, this is the first time in my life I had experienced such. I left the Ger Village with my two daughters in 2015 with a five-wall ger home provided by the Foundation. I was doing well in life after I left, but fell into some difficulties last year and had to ask for my children to go back to live at CNCF. I didn't want them to be around all of my problems and knew that they would be well looked after and happy back at the village, which they have always viewed as their home. CNCF has saved my life twice now. They have always been there for my children and me when no one else has been and when I've really needed someone. They are currently helping me to improve my situation so that my children can be returned to me. They never make me feel like I have failed but instead encourage me through love and kindness.

My daughter Chimeg* had a preventative check-up at the Ger Village where they found a cyst in her upper jaw. Luckily, she was diagnosed before it caused any problems and they were able to surgically remove it at the Mother and Children's Maternity Hospital with the assistance of CNCF's Health Care Programme. This is an unbelievable event for me because if my daughters had been living with me then I wouldn't have known about this and my daughter's health could be in danger. I am so lucky to have you in my life Christina, and all of the staff at the Foundation.



ACKNOWLEDGEMENTS

OUR DONORS AND SUPPORTERS

Our Healthcare Programme provides free medical examinations, treatments, and nutritional care to children and families in need.

We are grateful to all our donors and supporters who help us provide these critical services.

We thank our local and government partners who make it possible for us to implement the programme successfully. Thank you to the Songino Khairkhan District Medical Centre, the Family Clinic of Songino Khairkhan District, the National Centre for Maternal and Child Health, the City Optical Centre, the Central Laboratory for Tuberculosis, and the Mongolian National University of Medical Sciences.

Primary Donors

Rotary Club of Kowloon North, Hong Kong



Secondary Donors

Cuckoo Hill Trust
Noble Challengers 2017

GIFT AND TIME IN KIND

Jackie Preis
JC Trust



FINANCIAL OVERVIEW

Items	FY2017 in USD
Medical care	399.86
Medicine	1,894.90
Annual Health Check-Up	732.08
Dental Check-Ups	385.04
Prevention Shots	87.16
Eye Check-Up	306.26
Staff Health Check	140.27
Emergencies	1,507.15
Training	526.80
Supplies	87.61
Stationery	19.00
Electricity	484.19
Coal	576.52
Entertainment	80.34
Transportation	4.04
Salaries and Contributions	9,236.43
<u>TOTAL COST</u>	<u>16,467.64</u>

Thank you to all those who donated gifts and time in-kind throughout the year enabling us to keep our annual operating costs to a minimum.

*2017 Audit available upon request or online at www.cncf.org



If you are interested in supporting our humanitarian efforts please contact us:

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