



ANNUAL REPORT 2021

# HEALTHCARE PROGRAMME MONGOLIA

# PROGRAMME OVERVIEW

## ESTABLISHED

1997

## LOCATION

Songinokhairkhan, Chingeltei, Bayanzurkh, Bayangol, Nalaikh, Sukhbaatar, and Khan-Uul districts of Ulaanbaatar City, Tuv, Zuunkharaa, Bulgan, Orkhon, and Darkhan-Uul Provinces

## BACKGROUND

CNCF's Healthcare Programme was established with an aim to provide the children in our care and vulnerable children of Mongolia with complimentary and professional medical check-ups, treatments and emergency care. On-site treatments for mild to moderate health conditions are provided by CNCF Doctors, whilst children with complex conditions are referred to a secondary or tertiary level hospital for specialised diagnosis and treatment. Financial assistance is provided to ensure children are able to receive the emergency treatments they desperately needed.

## BENEFICIARIES

Children of CNCF's Blue Skies Ger Village, Blue Skies Kindergarten, Rehabilitation Centre For Youth Education Programme, Child Sponsorship Programme and their relatives, CNCF staff and their families; and other children in need in the community

## LOCAL PARTNERS

Songinokhairkhan District Medical Centre, Family Clinic of the Songinokhairkhan District, National Centre for Maternal and Child Health, Mongolian National University of Medical Sciences, Songdo Hospital, Trauma hospital, Gurvan Gal Hospital, EMJJ Hospital, Express Laboratory, Enerelt Khun Hospital, Dorno-Enkh Hospital, Dental Studio Hospital, Monkhimo LLC, Bolor-Melmii Eye Center, and Seoul Eye Clinic

## CNCF ACCOUNTABILITY

CNCF is responsible for the funding, programme management, monitoring and evaluation of this programme.

## MONITORING AND EVALUATION

CNCF's Healthcare Team closely monitors the health progress of each child and provides timely support when needed. Frequent internal meetings are conducted for CNCF staff to discuss programme related issues and updates. Monthly reports are sent to CNCF's Director of Operations and an annual report is made available to all stakeholders.

# OUR YEAR

In 2021, CNCF's Healthcare Programme in Mongolia continued to provide medical care to children living at CNCF's Blue Skies Ger Village, children in CNCF's Child Sponsorship Programme and their families, children attending CNCF's Blue Skies Kindergarten and CNCF staff.

Due to lockdown and movement restrictions, CNCF Doctors monitored closely the health progress of our residential children at our Blue Skies Ger Village's Infirmary, whilst frequently conducting counselling and healthcare services to our non-residential communities via telecommunication platforms. Such initiatives, including the provision of timely respiratory assessment and remote general check-ups, were a prerequisite for further professional medical guidance. The alteration in our primary healthcare services to ensure an agile approach to the changing situations was imperative to the expansion and enhancement of CNCF's healthcare deliverables to our communities. In addition to the 'Noble Podcast', online trainings and workshops were facilitated to equip our children and their families with essential healthcare and psychological knowledge and recommendations. Immune-boosting packages including nutritious food items, essential vitamins and supplements were provided to those in greatest need. When restrictions were lifted, our team was able to provide outreach health check-ups and in-person consultations to our children and their communities, as well as organising annual paediatric health screenings.



In 2021,

**939**

CHILDREN AND ADULTS

were supported by CNCF's Healthcare Programme

**56**

CHILDREN

from CNCF's Blue Skies  
Ger Village

**344**

CHILDREN

from CNCF's Child  
Sponsorship Programme

**18**

CHILDREN AND  
YOUNG ADULTS

from CNCF's Rehabilitation  
Centre For Youth  
Education Programme

**437**

SIBLINGS AND  
PARENTS

of Child Sponsorship  
Programme children

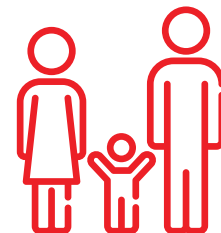
**56**

CNCF STAFF

**28**

CHILDREN

from CNCF's Blue Skies  
Kindergarten



Since inception,

**10,291**

CHILDREN AND ADULTS

have been provided with quality healthcare and  
medical support through CNCF's Healthcare Programme



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# OUR YEAR

Blue Skies Ger Village Healthcare



**2,100** BODY TEMPERATURE MEASUREMENTS  
were conducted at the Ger Village Infirmary



**120** HEALTH SCREENINGS  
were facilitated



**43** CHILDREN  
received seasonal flu vaccine



**41** CHILDREN  
required further check-ups,  
treatment or close monitoring



**03** HOSPITAL ADMISSIONS  
were conducted for further treatment



# OUR YEAR

## Blue Skies Ger Village Healthcare

**25** HEALTHCARE FOCUS GROUP TRAININGS  
were facilitated

**04** HEALTH TALKS  
were organised

**50** CHILDREN  
attended **25 health trainings and workshops**

Vitamin/ Supplements	Provision duration	
	1 - 6 Months	7 - 12 Months
Vitamin D 2000ED	13 Children	43 Children
Vitamin C	05 Children	48 Children
Vitamin A	45 Children	-
Multivitamin	43 Children	-
Zinc supplements	56 Children	-

Examinations	Tested/Examined	Required further treatment
Ear, nose and throat examination	51 Children	03 Children
Dental examination	51 Children	12 Children
Paediatric health check-up	51 Children	05 Children
Dermatology check-up	01 Child	01 Child
Paediatric neurology diagnostic test	01 Child	-
Body Mass Index measurement	51 Children	22 Children
Osteopenia & Osteoporosis test	44 Children	19 Children
Urine test	47 Children	02 Children
General blood test	20 Children	-
Abdominal Echocardiography examination	01 Child	-
Brain CT scan	01 Child	-



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# OUR YEAR

## Blue Skies Kindergarten Healthcare

 **28** CHILDREN  
primary health check-ups

 **05** CHILDREN  
received seasonal flu vaccine

 **03** CHILDREN  
required further check-ups,  
treatment or close monitoring

 **35** CHILDREN  
attended **02** health trainings  
and workshops

 **20** KINDERGARTEN  
CHILDREN'S  
RELATIVES  
attended **02** health trainings  
and workshops



# OUR YEAR

## Child Sponsorship Programme Healthcare

### Child Sponsorship Programme Children

08

Children

Under 6 years old

69

Children

6 - 10 years old

112

Children

11 - 15 years old

99

Children

16 - 18 years old

53

Children

19 - 24 years old

03

Children

Over 24 years old

## 05 HOME VISITS

were made by CNCF Doctors to children who are physically impaired, or sick and unable to attend in-house appointments

## 40 CHILDREN

attended 02 health trainings and workshops

## 385 HEALTH CHECK-UPS

were conducted for CSP children

## 54 CHILDREN

required further check-ups, treatment or close monitoring

Vitamin/ Supplements	Provision duration	
	1 - 3 Months	3 - 6 Months
Vitamin D3 2000ED	210 Children	34 Children
Multivitamin	28 Children	-
Zinc supplements	10 Children	-

Examinations	Tested/ Examined	Required further treatment
Paediatric health check-up	385 Children	59 Children
Ear, nose and throat examination	27 Children	10 Children
Dental examination	245 Children	200 Children
Paediatric ophthalmic examination	15 Children	15 Children
Reconstructive burn surgery examination	03 Children	03 Children







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# OUR YEAR

## Child Sponsorship Programme Children's Relatives



**462** **HEALTH CHECK-UPS**  
were conducted for  
relatives of CSP children

 **28** **RELATIVES**  
required further check-ups,  
treatment or close monitoring

 **01** **HOME VISIT**  
was conducted by CNCF Doctors  
to a relative of a CSP child  
who is physically impaired  
or sick and unable to attend  
in house appointments

 **31** **RELATIVES**  
attended **01 health training**


Vitamin/ Supplements	Provision duration	
	1 - 3 Months	3 - 6 Months
Vitamin D3 2000ED	360 Relatives	10 Relatives
Multivitamin	02 Relatives	-
Zinc supplements	05 Relatives	-



# OUR YEAR

## Rehabilitation Centre For Youth Education Programme Healthcare

 **18** HEALTH  
CHECK-UPS  
were conducted

 **03** STUDENTS  
required further check-ups  
treatment or close  
monitoring

 **13** STUDENTS  
attended **01** health training

Vitamin/ Supplements	Provision duration
	1 - 3 Months
Vitamin D 2000ED	18 Students
Vitamin C 1000mg	18 Students

Examinations	Tested/ Examined	Required further treatment
General health check-up	18 Students	03 Students
Ear, nose and throat examination	18 Students	03 Students
Dental examination	18 Students	18 Students
Paediatric neurologist examination	18 Students	01 Student
Paediatric ophthalmic examination	18 Students	04 Students
Paediatric urological examination	18 Students	02 Students



# OUR YEAR

## CNCF Staff Healthcare



**65** HEALTH CHECK-UPS  
were conducted  
for CNCF Staff



**18** STAFF  
required further check-ups,  
treatment or close monitoring



**04** HEALTH TRAININGS &  
WORKSHOPS  
were organised

Vitamin/ Supplements	Provision duration	
	1 - 3 Months	3 - 6 Months
Vitamin D 2000ED	-	29 Staff
Multivitamin	02 Staff	-
Zinc supplements	05 Staff	-

Examinations	Tested/Examined	Required further treatment
Body Mass Index measurement	50 Staff	02 Staff
Hepatitis B and Hepatitis C rapid test	48 Staff	01 Staff
Helicobacter rapid test	01 Staff	01 Staff
Blood glucose test	22 Staff	01 Staff
Complete blood count test	48 Staff	03 Staff
Urine test	48 Staff	04 Staff
Cholesterol test	24 Staff	01 Staff
Hepatocyte damage test	48 Staff	01 Staff
Transcranial doppler	04 Staff	01 Staff
Women's health screening	04 Staff	01 Staff





# OUR STORIES

## Life Changed Through CNCF's Medical Support

14-year-old Khilee\* has been enrolled on CNCF's Child Sponsorship Programme for over 7 years. Khilee's family struggles to make ends meet and lives in dire circumstances of abject poverty. Khilee was only 1 year old when he severely scalded both of his arms having accidentally spilt a pot of boiling tea. The major burns affected his deeper skin tissues and Khilee was immediately hospitalised and received a skin graft at a trauma hospital. However, he started to develop a scar contracture resulting in the tightness of his skin and muscles limiting his arm movement. The thick and uneven burn scars have prevented Khilee from playing basketball, his most favourite activity, and gradually have led to self-consciousness and low self-confidence. Khilee was then advised to undergo another skin graft surgery to ease the pain and improve his quality of life, however, due to his family's financial hardships and the lack of resources at the local hospital, Khilee was unable to receive the treatment.

This year, thanks to the financial support of CNCF's Healthcare Programme and his compassionate child sponsor, Khilee was able to receive the much-needed skin graft surgery performed by a competent team of surgeons at one of Mongolia's most respected hospitals. Khilee was carefully examined prior to the procedure and received quality medical care upon his speedy recovery. With delight and gratitude, Khilee shared with CNCF Social Workers that he has now started to practise basketball again whilst regaining his confidence and developing an optimistic outlook on life. The timely support of CNCF and his sponsor not only enabled Khilee to improve his physical health but empowered the development of his education, ensuring Khilee is able to reach his fullest potential and flourish into a determined and talented young man.

CNCF have and continues to provide holistic assistance benefitting the physical, medical, educational and emotional needs of vulnerable children.

\*Name and identity changed to protect privacy







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# OUR STORIES

## Thank You From A Beneficiary

"My name is Amika\* and I am 6 years old. I am currently studying in the first year of primary education. I live with my mother, who lost her left hand and leg in an accident, my father, and younger siblings on the outskirts of Ulaanbaatar, the Capital City. We did not have the financial means to afford bare essentials and education, until CNCF came into our lives. I was enrolled onto CNCF's Child Sponsorship Programme when I was 4.

I was born with a congenital eye condition, but was unable to get a diagnosis, let alone the required treatment due to my family's financial burdens. I always had difficulties seeing objects, and had to tilt my head back in order to see. At a young age, I thought this was normal, until I was diagnosed with Blepharoptosis (droopy eyelid) by CNCF Doctors. CNCF's Healthcare Programme then supported my medical treatment costs and hospital fees, which enabled me to undergo a successful eye operation and stay at hospital until I was feeling better.

I am ecstatic at how my appearance has changed, and that I can now see things properly and clearly. I could never have imagined receiving such professional and quality medical treatment if it was not for CNCF. My family and I are immensely grateful to CNCF's support. Thank you very much to the team of dedicated doctors and staff at the Foundation for your invaluable assistance. I am very proud and thankful that CNCF are my family."

\*Name and identity changed to protect privacy



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# FINANCIAL OVERVIEW

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The total cost of the Healthcare  
Programme Mongolia in 2021 was:

**\$14,720 USD**

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Heartfelt thanks to our primary donors: **ASBL "Voie Du Ceur"** (FR), **Jackie Preis** (UK), **Jim Allen** (HK), **Stars Group/ MCD Productions** (IRL), and **Soline Vielle** (FR) who enable CNCF to keep this project operating and also to the many kind individuals not mentioned for their additional support which enables us to keep our costs down.

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Our audits can be found [here](#).













# HEALTHCARE PROGRAMME MONGOLIA

## EXPENDITURES IN 2021

Expenditure	Amount (USD)
Medicine & Vitamins	1,424
Health Care Treatments	342
Utilities (Electricity, Firewood & Coal) & Miscellaneous/ Others	554
Staff Salaries	9,455
Staff Social Insurance	965
Staff Health Check	1,623
Public & Staff Relations	310
Depreciation	47
<b>TOTAL COST</b>	<b>14,720</b>



For more information on this report and our CNCF projects in Mongolia please contact:

-  PO Box 2150 Ulaanbaatar 2112 13 Mongolia
-  +976 11 329866
-  [international@cncf.org](mailto:international@cncf.org)
-  [www.cncf.org](http://www.cncf.org)
-  Christina Noble Children's Foundation
-  [@ChristinaNobleChildrensFoundationInt](https://www.facebook.com/ChristinaNobleChildrensFoundationInt)
-  [@CNCF\\_int](https://twitter.com/CNCF_int)
-  Christina Noble Children's Foundation

Infographics: [flaticon.com](http://flaticon.com)