

## PROGRAMME OVERVIEW

**ESTABLISHED** 

2008

LOCATION

Blue Skies Ger Village & Blue Skies Kindergarten, Songinokhairkhan District; Rehabilitation Centre for Youth Education Programme, Bayanzurkh District; Child Sponsorship Programme, Chingeltei District, Ulaanbaatar

#### **BACKGROUND**

Many of our young people often come from disadvantaged exceptionally and traumatic backgrounds or have previously experienced daily emotional stress. The Blue Skies Arts & Music Programme provides a safe and supportive environment that facilitates the children's healing process and delivers a tool to help them effectively regulate communicate their emotions, and nurture their innate creativity, self-esteem and self-confidence. The transformative power of the arts and music is beneficial to the social, intellectual, cognitive and emotional development of all children, enabling them to develop into happy, fulfilled and expressive young adults.

#### **BENEFICIARIES**

Children from the Blue Skies Ger Village, Child Sponsorship Programme, Blue Skies Kindergarten and Rehabilitation Centre For Youth Education Programme

#### **LOCAL PARTNERS**

Children's Palace, Training Department of General Executive Agency of Court Decision, Ulaanbaatar's Rehabilitation Centre for Youth, and "Moon Dance" Dance Club

#### CNCF ACCOUNTABILITY

CNCF is fully responsible for funding, programme management, monitoring and evaluation.

## MONITORING AND EVALUATION

CNCF's Arts & Music Programme Manager conducts regular monitoring visits during programme activities. Internal CNCF staff meetings are held weekly to discuss programme related issues and updates. Monthly reports and semi-annual reports are provided to CNCF Board of Management and an annual report of the programme is made available to all stakeholders. The progress of each child is highlighted at various events such as talent shows, competitions and performances throughout the year.

### **OUR YEAR**

CNCF believes that an education without exposure to the arts is not a complete education. Beyond strengthening academic skills, CNCF's Arts & Music Programme enables children to nurture their imagination and creativity, and develop their interpersonal and social skills. For many of our young people who have come from exceptionally disadvantaged and traumatic backgrounds or experienced daily emotional stress, engagement with the arts is a healing tool enabling them to regulate and communicate their emotions in a therapeutic and positive environment.

Throughout 2022, the Blue Skies Arts & Music Programme continued to provide a diverse range of creative activities, including Art Therapy, Art, Crafts, Music, and Dance, to support the emotional and physical development of our children. As part of a series of celebrations commencing CNCF Mongolia's landmark 25th Anniversary this year, CNCF organised a special celebration for our children at CNCF's Blue Skies Ger Village and a Gala event. The week was filled with love, laughter, and great joy as the children showcased their skills and talents through singing, dancing, and performing on Mongolian traditional and contemporary instruments. Our Art students also took part in varied exhibitions and received significant recognition for their artworks.





46 CHILDREN engaged in Art classes



83 CHILDREN engaged in Art Therap







Since inception,

2,636 CHILDREN have been enrolled in the Blue Skies Arts & Music Programme

and nurtured their imagination and creativity in a structured and supportive environment. Combined with residential and educational support, the Arts & Music Programme solidifies the holistic support of the Foundation.













### **OUR YEAR**

CHILDREN

participated in the Arts & Music Programme Among them:

CHILDREN

from the Blue Skies Ger Village

**CHILDREN** from the Child Sponsorship Programme

CHILDREN

from the Rehabilitation Centre For Youth Education Programme

**CHILDREN** from the Blue Skies Kindergarten

**CHILDREN** from the wider community

#### **Age Group**











**Blue Skies Ger Village Participants** 





28 CHILDREN attended Crafts



20 CHILDREN attended Art Therapy





16 CHILDREN attended Traditional Dance



Music. Among them, 12 Children attended Piano, 03 Children attended Guitar, and 15 Children attended Ukulele



attended Traditional Music. Among them, 04 Children attended Yatga lessons and **02 Children** attended Yochin lessons



## **OUR YEAR**

#### **Rehabilitation Centre For Youth Participants**



25 CHILDREN attended Art 32 CHILDREN attended Crafts





28 CHILDREN attended Art Therapy 39 CHILDREN attended Music and



Singing

#### **Child Sponsorship Programme Participants**



13 CHILDREN attended Art Therapy 12 CHILDREN attended Dance





27 CHILDREN attended Crafts 12 CHILDREN attended Music



#### **Blue Skies Kindergarten Participants**



## **OUR YEAR**

#### Social Skills Development



## 60 DRAWINGS AND PAINTINGS

by students of Art classes were displayed at the CNCF Art Exhibition



O6 STUDENTS
participated in CNCF Art Exhibition
at the Rehabilitation Centre For Youth





OB MEDALS/PRIZES
were awarded to children who
participated in Drawing and Painting
competitions



## **OUR STORIES**

#### A Child Empowered Through Music

"To me, music is a truly beautiful art form that creates exquisite melodies and has the remarkable ability to instantly revive the mind. Since January 2022, when I first arrived at the Rehabilitation Centre for Youth, my life has been enriched by the Music lessons facilitated by CNCF.

Under the kind guidance of CNCF Music Instructor, Mr. Gonchig L., I have been able to learn and play different instruments. His exceptional communication skills make him more than just a teacher to the students; he is a friend with whom we can discuss a wide range of topics and is always available to assist us in resolving any challenges we encounter.

During my time in the class, I've embarked on a musical journey, mastering both the guitar and ukulele, and discovering the joy of singing beautiful songs. The opportunity to showcase the melodies and tunes I've learned at events like Children's Day and School New Year's Day fills me with immense happiness and encouragement. Whenever I find myself feeling low, attending the Music classes acts as a powerful remedy, lifting my spirits.

I want to take this opportunity to express my sincere gratitude to CNCF for providing these learning opportunities, as well as to my Music Teacher for sharing knowledge and for being instrumental in helping me improve my musical skills. Thank you for transforming my life in the most melodious way possible."

- Student of Rehabilitation Centre for Youth's Music Class -





## **OUR STORIES**

#### The Transformative Power Of The Arts

Tseegii\* and her younger brother found refuge at CNCF's Blue Skies Ger Village earlier this year, having escaped the ordeal of their alcoholic father. However, Tseegii bore the scars of her traumatic past, having endured physical violence and abuse during her early years. When she first arrived at the Ger Village, she was overwhelmed by severe anxiety and the haunting trauma of her childhood. Tseegii suffered from low self-esteem and a negative self-perception with a profound fear of encountering her father. Understandably, she was reluctant to connect with her younger brother and form relationships with those around her. Her painful past was a topic she often avoided.

Through Art Therapy and consistent psychological support offered by our dedicated team, gradually, Tseegii started to open up and engage with her younger brother. She also began participating in CNCF's extracurricular classes, which plays a vital role in her healing journey, nurturing her self-esteem and fostering her inner strength. Furthermore, she has made significant efforts in building rapport with her classmates and other children at the Ger Village, as well as re-establishing a relationship with her father.

As Tseegii's journey of healing continues, the arts play a pivotal role in empowering her to express and process her emotions, enabling her to gradually find hope and rebuild her life.

\*Name and identity changed to protect privacy





# FINANCIAL OVERVIEW

The operational cost of the Blue Skies Arts & Music Programme in 2022 was:

#### \$16,795 USD

Heartfelt thanks to our kind donors the Singapore International School Hong Kong and those not mentioned who enable CNCF to keep this project operating and also to those who generously support with gift and time in-kind which enables us to keep our costs down.

Our audits can be found here.



## BLUE SKIES ARTS & MUSIC PROGRAMME EXPENDITURES IN 2022

	Expenditure	Amount (USD)	) 0
• •	Staff salaries	11,621	' - ·
• •	Staff social insurance	1,320	
• •	Firewood & Coal	566	
• •	Electricity	476	
• •	Supplies & Equipment	951	
• •	Workshops & Classes	1,137	
• •	Public & Staff Relations	479	
• •	Miscellaneous/Others	94	
• •	Depreciation	151	)
• •	TOTAL COST	16,795	3



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