



ANNUAL REPORT 2022

HEALTHCARE PROGRAMME MONGOLIA

PROGRAMME OVERVIEW

ESTABLISHED

1997

LOCATION

Songinokhairkhan, Chingeltei, Bayanzurkh, Bayangol, Nalaikh, Sukhbaatar, Bagakhangai and Khan-Uul districts of Ulaanbaatar City; Tuv Province; Selenge Province; Bulgan Province; Orkhon Province; and Darkhan-Uul Province

BACKGROUND

CNCF's Healthcare Programme was established with an aim to provide the children in our care and vulnerable children of Mongolia with complimentary and professional medical check-ups, treatments and emergency care. On-site treatments for mild to moderate health conditions are provided by CNCF Doctors, whilst children with complex conditions are referred to a secondary or tertiary level hospital for specialised diagnosis and treatment. Financial assistance is provided to ensure children are able to receive the emergency treatments they desperately needed

BENEFICIARIES

Children of CNCF's Blue Skies Ger Village, Blue Skies Kindergarten, Rehabilitation Centre For Youth Education Programme, Child Sponsorship Programme and their relatives, CNCF staff and their families; and other children in need in the community

LOCAL PARTNERS

National Centre for Maternal and Child Health, Mongolian National University of Medical Sciences, Songinokhairkhan District Medical Centre, Family Clinic of the Songinokhairkhan District, Misheel Kids Foundation, Seoul Optic, Premium Dental Clinic, Onosh-Med laboratory, Naran Eye Clinic, Gurvan Gal Hospital, Mongolian Society for Paediatric Ophthalmology and Strabismus, Australian-Awards Alumni, Asian Medical Student Association, Mongolian Family and Youth Centre, The Focus on the Family, Express Laboratory, Tiens Corporation, Marie Stopes Clinic, and MJJ ENT Clinic

CNCF ACCOUNTABILITY

CNCF is responsible for the funding, programme management, monitoring and evaluation of this programme

MONITORING AND EVALUATION

CNCF's Healthcare Team closely monitors the health progress of each child and provides timely support when needed. Frequent internal meetings are conducted for CNCF staff to discuss programme related issues and updates. Monthly reports are sent to CNCF's Director of Operations and an annual report is made available to all stakeholders

OUR YEAR

Ensuring that all children, regardless of their backgrounds and circumstances, have adequate access to healthcare for healthy lives and positive wellbeing is essential to CNCF's grassroots approach to poverty and the delivery of sustainable development within the communities we serve.

In 2022, CNCF's Healthcare Programme in Mongolia continued to provide medical care to children living at CNCF's Blue Skies Ger Village, children in CNCF's Child Sponsorship Programme, their families, children attending CNCF's Blue Skies Kindergarten, and CNCF staff. CNCF was also delighted to launch the Medical Exchange Programme in partnership with Operation ChildLife (OCL) in Mongolia for the first time. During the 5-day assignment, the delegation of renowned international paediatric surgeons assessed complex medical cases and performed life-saving surgeries that are ordinarily unavailable in Mongolia. CNCF and OCL representatives also met with the Paediatric Surgical teams of the National Centre for Maternal and Child Health to understand the current challenges and explore ways in which the programme could drive fundamental change and provide access to world-class paediatric knowledge to improve healthcare standards in the country.

As CNCF recognises the importance of physical fitness, nurturing children's mental health through psychological support is crucial for holistic and balanced wellbeing. Since 2015, psychological services have been provided to **496 Children** across our programmes, with **2,627 individual psychological counselling sessions** facilitated. This year, we launched a series of Psychology Pilot Programmes, including the BayARTai Programme and the We Are Future Psychologists Project. CNCF's Psychology Pilot Programme aims to empower traumatised children through life-transforming Art Therapy services, enabling them to heal and flourish sustainably, as well as enhancing healthcare standards in Mongolia by training university students studying psychology with internationally recognised practical methods.

Since inception,
 **11,549**
CHILDREN AND ADULTS
have been provided with quality healthcare and medical support through CNCF's Healthcare Programme





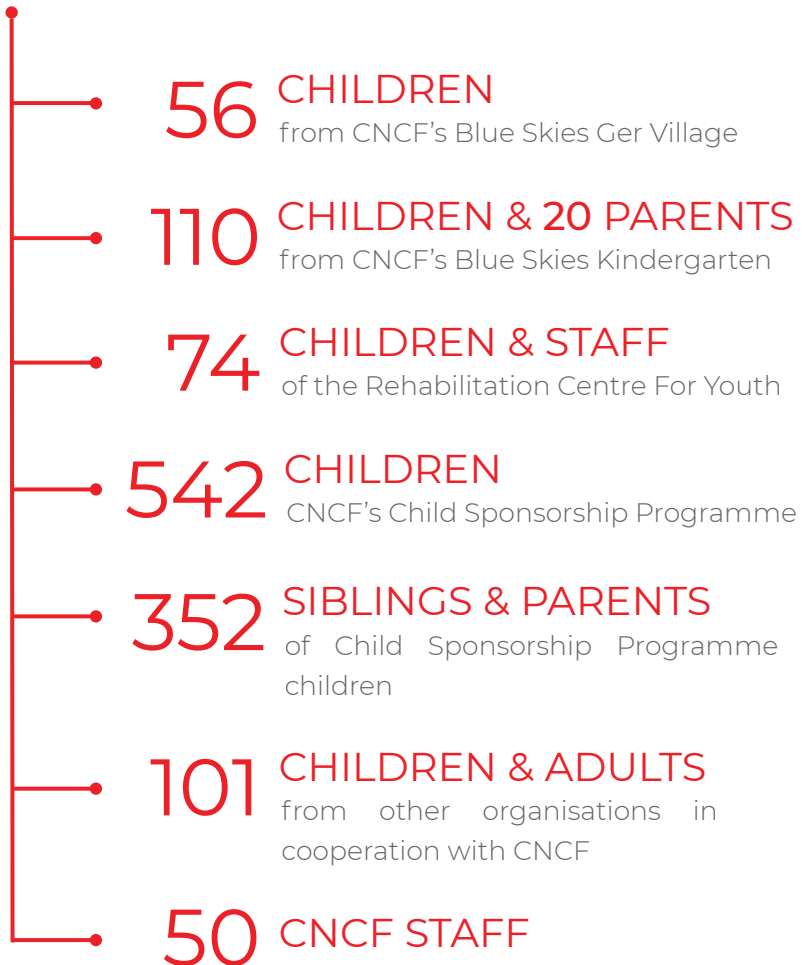
Highlights of CNCF's BayARTai Programme's and We Are Future Psychologists Project's launch event

OUR YEAR



1,040 CHILDREN & 263 ADULTS

were supported by CNCF's Healthcare Programme



147 CHILDREN & 123 ADULTS

received psychological support from CNCF Psychologists



34 CHILDREN

received medical consultations through CNCF's Medical Exchange Programme. Among them, **15 CHILDREN** underwent surgical procedures conducted by international expert paediatric surgical teams



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OUR YEAR

76 PEOPLE

among them, **37 Psychologists** working in special education and residential care settings, participated in the 'BayARTai' Programme

78 PEOPLE

among them, **50 Students** in their 3rd and 4th year pursuing Psychology degrees at universities, participated in the 'We Are Future Psychologists' Project

97 CHILDREN

received comprehensive psychological assessments

50 CHILDREN

participated in psychological focus group meetings

80 CHILDREN & 65 ADULTS

attended **349 individual counselling sessions**

75 CHILDREN & 21 ADULTS

participated in **22 Art Therapy sessions**

136 CHILDREN

participated in **39 psychological training sessions**

82 HEALTH TRAININGS & WORKSHOPS

were organised

OUR YEAR

Blue Skies Ger Village Healthcare

 **1,283** HEALTH CHECK-UPS
were conducted

 **34** CHILDREN
received seasonal flu vaccine

 **20** CHILDREN
attended Art Therapy

 **50** CHILDREN
participated in **177 psychological focus group meetings**

 **50** CHILDREN
participated in psychological training sessions

 **50** CHILDREN
received comprehensive psychological assessments

 **01** CHILD
received speech therapy

 **01** CHILD
received a hearing aid

Examinations	Tested/ Examined	Required further treatment
Ear, nose and throat examination	54 Children	06 Children
Dental examination	54 Children	22 Children
Paediatric health check-up	54 Children	25 Children
Dermatology check-up	02 Children	-
Paediatric cardiology screening	01 Child	-
Paediatric neurology diagnostic test	02 Children	01 Child
Osteopenia & Osteoporosis screening	48 Children	20 Children
Psychiatric screening	06 Children	02 Children
General blood test	45 Children	-
Vision screening	52 Children	06 Children
Orthodontist	03 Children	03 Children
Tuberculosis screening	02 Children	-
Pinworm test	25 Children	07 Children

 **35** HEALTH TRAININGS & WORKSHOPS
were organised. **54 Children** of the Ger Village attended

OUR YEAR

Blue Skies Ger Village Healthcare

Vitamin/ Supplements	Provision Duration	
	1 - 6 Months	7 - 12 Months
Vitamin D 1000 ED	46 Children	47 Children
Vitamin D 2000 ED	46 Children	47 Children
Vitamin D 50000 ED	15 Children	-
Vitamin C	46 Children	47 Children
Vitamin AE	43 Children	-
Vitamin A	43 Children	05 Children
Vitamin B	43 Children	-
Multivitamins	43 Children	46 Children
Zinc Supplements	43 Children	45 Children
Calcium supplements	45 Children	15 Children
Omega 3 supplements	45 Children	24 Children



OUR YEAR

Blue Skies Kindergarten Healthcare



136 HEALTH CHECK-UPS
were conducted



34 CHILDREN
received seasonal flu vaccine



05 CHILDREN & **08** PARENTS
attended Art Therapy



46 CHILDREN
attended **03** health trainings



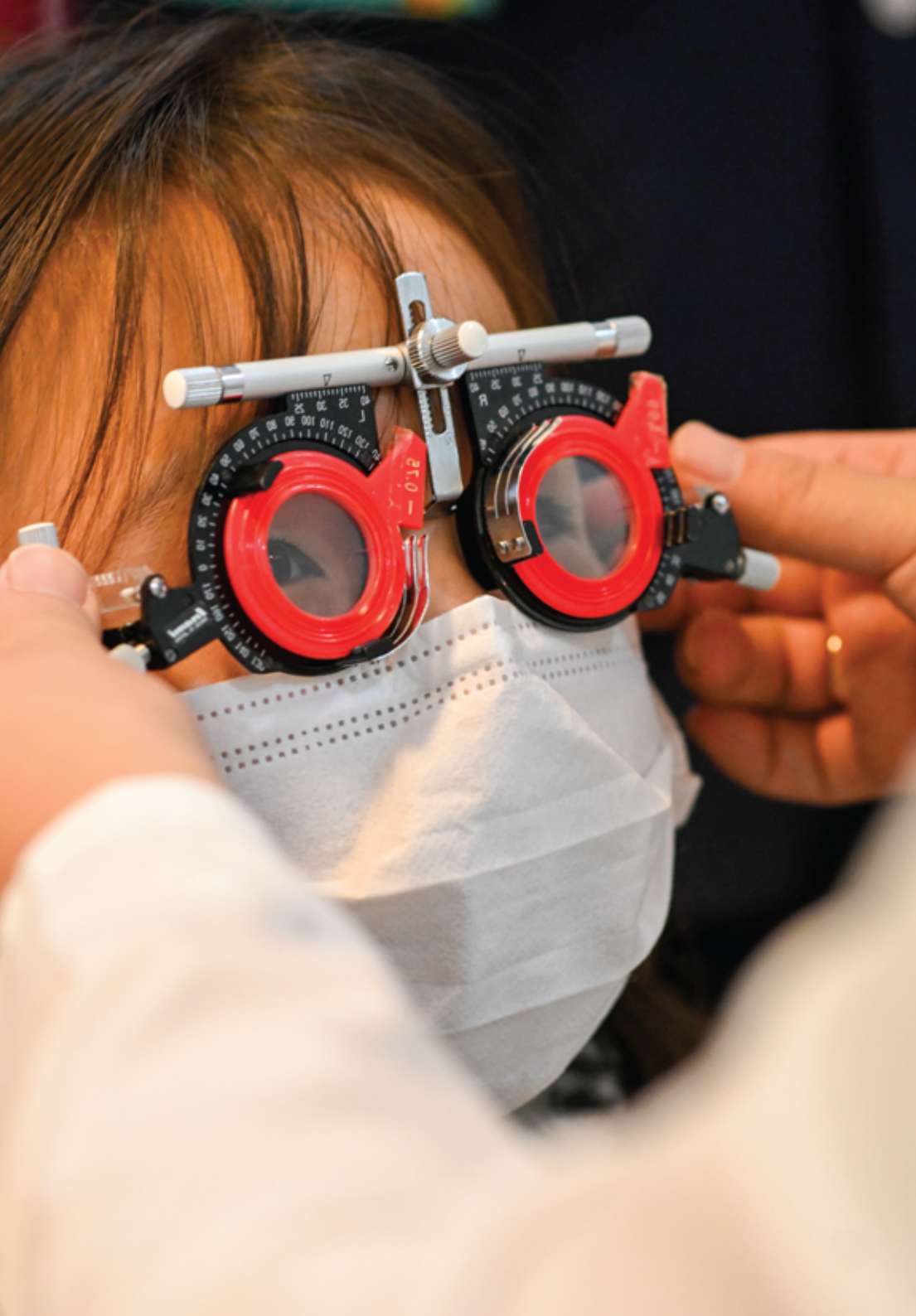
22 CHILDREN
participated in psychological focus
group meetings



20 KINDERGARTEN
CHILDREN'S PARENTS
attended **03** health trainings and
workshops

Vitamin/Supplements	Provision Duration (1 - 3 Months)
Vitamin D 1000 ED	34 Children
Multivitamin	34 Children
Vitamin A	12 Children
Calcium supplements	30 Children

Examinations	Tested/ Examined	Required further treatment
Ear, nose and throat examination	35 Children	-
Paediatric health check-up	37 Children	05 Children
General health check-up	20 Parents	-



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OUR YEAR

Child Sponsorship Programme Healthcare

Child Sponsorship Programme Children

40
Children

Under 6 years old

146
Children

6 - 10 years old

212
Children

11 - 15 years old

94
Children

16 - 18 years old

48
Children

19 - 24 years old

02
Children

Over 24 years old



2,346 HEALTH CHECK-UPS
were conducted



20 CHILDREN
attended Art Therapy



03 HOME VISITS
were made by CNCF Doctors to children who are
physically impaired, or sick and unable to attend in-house
appointments

OUR YEAR

Child Sponsorship Programme Healthcare

Child Sponsorship Programme Children

**31** CHILDREN
attended **56 psychological counselling sessions**

**29** CHILDREN
received comprehensive psychological assessments


**14** HEALTH TRAININGS & WORKSHOPS
were organised. **542 Children** attended

Vitamin/Supplements	Provision Duration	
	1 - 3 Months	3 - 6 Months
Vitamin D 5000 ED	350 Children	28 Children
Vitamin D 2000 ED	56 Children	-
Vitamin C	32 Children	-
Multivitamin	203 Children	-
Zinc supplements	157 Children	-
Calcium supplements	50 Children	-

Examinations	Tested/ Examined	Required further treatment
Paediatric ophthalmic examination	539 Children	101 Children
Retinoscopy	101 Children	97 Children
Optometrist test	97 Children	-
Eye surgery	03 Children	-
Dental screening	200 Children	68 Children
Reconstructive burn surgery examination	01 Child	01 Child

Child Sponsorship Programme Children's Relatives

**581** HEALTH CHECK-UPS
were conducted for relatives of CSP Children

**38** RELATIVES
required further check-up, treatment or close monitoring

OUR YEAR

Child Sponsorship Programme Healthcare

Child Sponsorship Programme Children’s Relatives

 **09** RELATIVES
attended Art Therapy

 **86** RELATIVES
attended **04** health trainings and workshops

Age	Under 6	6 - 10	11 - 15	16 - 18	19 - 24	Over 24
Number of Relatives	35	15	98	80	100	24

Vitamin/ Supplements	Provision Duration	
	1 - 3 Months	3 - 6 Months
Vitamin D 2000 ED	360 Relatives	10 Relatives
Multivitamin	02 Relatives	-
Zinc supplements	05 Relatives	-

Rehabilitation Centre For Youth Education Programme Healthcare

- 105** HEALTH CHECK-UPS
were conducted
- 31** STUDENTS
required further check-up, treatment or close monitoring
- 08** STUDENTS
received high-quality eyeglasses
- 28** STUDENTS
participated in Art Therapy
- 28** STUDENTS
received comprehensive psychological assessments
- 34** STUDENTS
attended psychological training sessions
- 44** STUDENTS
attended **02** health trainings
- 18** STAFF
from the General Executive Agency of Court Decision Mongolia participated in **02** psychological training sessions

OUR YEAR


Rehabilitation Centre For Youth Education Programme Healthcare

Vitamin/ Supplements	Provision Duration	
	1 - 3 Months	3 - 6 Months
Vitamin D 2000 ED	-	44 Students
Multivitamin	24 Students	-
Zinc supplements	-	44 Students

Examinations	Tested/ Examined	Required further treatment
General health check-up	22 Students	10 Students
Paediatric eye screening	44 Students	10 Students
Paediatric retinoscopy	10 Students	10 Students
Dental screening	29 Students	29 Students

CNCF Staff Healthcare

 **200** HEALTH CHECK-UPS
were conducted for CNCF staff

 **43** STAFF
required further check-up, treatment or close monitoring

Vitamin/ Supplements	Provision Duration (1 - 3 Months)
Vitamin D 2000 ED	35 Staff
Vitamin C 2000mg	37 Staff
Vitamin C 1000mg	42 Staff
Zinc supplements	35 Staff
Calcium supplements	01 Staff

Examinations	Tested/ Examined	Required further treatment
Lab test	22 Staff	-
Dental screening	43 Staff	43 Staff



OUR STORIES

Transforming Lives

Munguu*, now a happy and healthy child, has come a long way from the challenging circumstances of her early childhood. Born into abject poverty, Munguu and her younger brother lived in dire conditions at Ulaanbaatar's biggest landfill with their father, who worked tirelessly to provide for them by collecting and selling scrap metal. When Munguu was 4 years old, she arrived at CNCF's Blue Skies Ger Village, where her life took a remarkable turn.

At the time, Munguu suffered from severe malnutrition, stunted growth, and acute middle ear infections. Her cognitive development was delayed and she was unable to use a spoon and fork. CNCF's Medical Team worked tirelessly to provide Munguu with the medical and social support she desperately needed. Munguu's health gradually improved and her cognitive development began to flourish. While Munguu's middle ear infection was being treated, she had already suffered a ruptured eardrum in both ears, resulting in hearing loss. With continued medical treatment and close monitoring by a specialist, her left ear's tympanic membrane healed, allowing her to wear hearing aids in both ears. Our team then provided Munguu with a narrow-tube, multi-channel processing hearing device that was previously unavailable in Mongolia. With the new hearing aid, Munguu became more confident and she began to embrace her surroundings more openly, connecting with her friends and peers.

Today, Munguu's life has been transformed. Her improved hearing not only prevented further losses but also eliminated the risk of speech impediments and academic setbacks. With the support of the Blue Skies Ger Village team, Munguu has blossomed into a confident and content young individual who is now thriving in her studies and experiencing a greatly improved quality of life.

*Name and identity changed to protect privacy





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OUR STORIES

Blossoming with Care

"My name is Bat*. I was welcomed into CNCF's Child Sponsorship Programme at the age of 12, and today, I am 14 years old. My home is with my elderly grandparents, my sister, and her children. My sister, who plays the role of a mother in my life, is especially close to me, as my understanding of my parents is limited. Due to an accident when I was young, I have a severe burn scar on my hand, which often fills me with self-consciousness when I have to take off my jacket.

Through CNCF, I not only receive financial sponsorship, but also social and medical support. During my first health check-up, CNCF Doctor assessed my malnutrition condition and gently explained that I needed nutritional support to ensure adequate growth. It was during this time that she recommended a crucial skin graft surgery for my scarred hand, marking the beginning of our incredible journey together. Since then, I have been fortunate to receive vital supplements such as Vitamin D and Calcium for my nutritional health. Whenever I get sick, CNCF Doctors are always there to provide me with the necessary medications. There was also a day when CNCF introduced me to a burn specialist, whose valuable advice and consultations have made a world of difference. I cannot express enough gratitude to the compassionate Doctors at CNCF for their unwavering care and medical assistance. The nutritional supplements I have been provided with is of great help, as my family struggles to afford a nutrient- and energy-rich diet due to our financial constraints. Just recently, when I suddenly fell ill, my sister contacted CNCF because we knew that they would always be there for us. CNCF has become an essential part of my life, and I am extremely grateful for the unwavering support they have given me and my family."

- A Child Sponsorship Programme Child -

*Name and identity changed to protect privacy

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FINANCIAL OVERVIEW

The total cost of the Healthcare Programme Mongolia in 2022 was:

\$32,423 USD

The total cost of the BayARTai Programme Mongolia in 2022 was:

\$22,633 USD

The total cost of the Medical Exchange Programme Mongolia in 2022 was:

\$3,995 USD

Heartfelt thanks to our primary donors: **Embassy of Australia** (MN), **Embassy of Canada** (MN), **Nelumbo Stiftung** (UK), and **Tiens Group** (MN) who enable CNCF to keep this project operating and also to the many kind individuals not mentioned for their additional support which enables us to keep our costs down.

Our audits can be found [here](#).



HEALTHCARE PROGRAMME MONGOLIA

EXPENDITURES IN 2022

Expenditure	Amount (USD)
Medicine & Vitamins	1,050
Healthcare Treatments	2,329
Utilities (Electricity, Firewood & Coal) & Miscellaneous/ Others	1,244
Equipment & Supplies	1,699
Staff Salaries	21,091
Staff Social Insurance (mandatory)	2,187
Staff Health Check	2,015
Staff Training & Public and Staff Relations	640
Depreciation	168
TOTAL COST	32,423

BAYARTAI PROGRAMME EXPENDITURES IN 2022









Expenditure	Amount (USD)
Learning Materials	6,024
Communications	1,740
Staff Salaries	10,083
Staff Social Insurance (mandatory)	1,260
Staff Training	3,526
TOTAL COST	22,633

MEDICAL EXCHANGE PROGRAMME EXPENDITURES IN 2022

Expenditure	Amount (USD)
Programme Costs	3,995
TOTAL COST	3,995



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