



# SPORTS PROGRAMME MONGOLIA

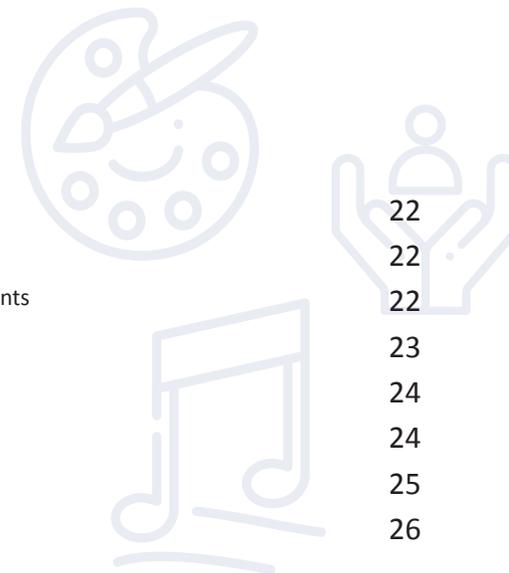
ANNUAL REPORT 2018



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## ABBREVIATIONS

**CNCF** Christina Noble Children's Foundation



# OUR VISION, MISSION, VALUES

**Vision:** A united world where children are free from suffering, poverty, exploitation, fear, and oppression. Where children are aware of their fundamental human rights.

**Mission:** The Christina Noble Children's Foundation is dedicated to serving the physical, medical, educational and emotional needs of vulnerable children. We believe that every child deserves love, respect and freedom from all forms of exploitation. We establish long-term relationships with the children we support and empower them to live happy, emotionally rich and independent lives.

**Values:** Our values represent our beliefs and guide how we behave. They are: Love, Compassion, Respect, Honesty, and Integrity.



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# ACKNOWLEDGEMENTS

By donating to our Sports Programme, you help give disadvantaged children the opportunity to participate in activities that help them build strong, healthy bodies while having fun, making friends, and developing essential character traits such as confidence, discipline and respect for themselves and others.

Because of your support, many boys and girls who come from backgrounds shaped by poverty, abuse and neglect have been able to discover new abilities, push their perceived boundaries and establish constructive outlets to channel their emotions.

It is with our most heartfelt appreciation that we thank all our supporters for allowing us to give the children in our care the happy, fulfilled and emotionally rich childhoods they need and deserve.

Special thanks to the following organisations and individuals who were active supporters of the Sports Programme in 2018:

Mongolian Taekwondo Association  
Mongolian National Olympic Association

Tulga Taekwondo Club

Para Taekwondo Association

Taekwondo Training Centre

Mongolian Sports Complex

Songino Khairkhan District Mayor

Songino Khairkhan District Sports Complex

Good Neighbours Mongolia

Child, Family and Youth Development Authority of Mongolia/

Songino Khairkhan District

Tsahilgaan Nudarga Taekwondo Club

Mongolian National Team of Poomsae

Seoul Taekwondo Association

Jeonju Taekwondo Association

Unur Bul Mongolian National Orphanage, School Number 67

Songino Khairkhan District Swimming Club



“

First you feed a child's stomach, then you feed their spirit.

- Christina Noble, Founder CNCF -



до МОНГОЛЫН  
ТАЕКВОНДОГИЙН  
ХОЛБОО



БҮГД НАЙРАМДАХ  
СОЛОНГОС УЛСЫН  
ЭЛЧИН САЙДЫН ЯАМ

НСУ-ЫН ЭЛЧИН СА  
ЭРЭМЖИТ VI УДА  
ЕКВОНДОГИЙН ТЭ



# PROGRAMME OVERVIEW



<b>ESTABLISHED</b>	2010
<b>LOCATION</b>	Ulaanbaatar and the Songino Khaikhan District, Mongolia
<b>OBJECTIVES</b>	To provide the children in our care with a variety of fun sporting opportunities to help their physical, psychological and social development
<b>PROGRAMME COMPONENTS</b>	Taekwondo, cricket, archery, and general fitness classes; sports days and tournaments; facilities and opportunities that support development in a range of sports activities
<b>BENEFICIARIES</b>	Children from the Blue Skies Ger Village and Child Sponsorship Programme, siblings and friends of children enrolled in CNCF's programmes and children of CNCF staff members
<b>LOCAL PARTNERS</b>	Good Neighbors Mongolia; Mongolian Taekwondo Association; Mongolian Olympic Association; Tulga Taekwondo Club; Songino Khaikhan District Sports Agency; Songino Khaikhan District Mayor; Songino Khaikhan District Children's Development Center; Mongolian Rugby Association; Seoul Taekwondo Association; Jeonju Taekwondo Association; Tsahilgaan Nudarga Taekwondo Club; Child, Family and Youth Development Authority; Unur Bul Mongolian National Orphanage; Dambosko Centre Children's Shelter; Mongolian Cricket Association



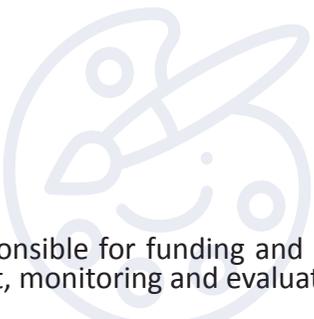
## CNCF INVOLVEMENT

Entirely responsible for funding and programme management, monitoring and evaluation

## CNCF STAFF

Thomas Minter, Director of Operations; Battulga Nasankhuu, Taekwondo Coach; Munkhsukh Davaasuren, Ger Village Cricket Coach

## MONITORING AND EVALUATION



The Director of Operations and Ger Village Management Team conduct regular monitoring visits during programme activities. Weekly internal meetings are organised for CNCF staff to discuss programme-related issues and updates and an annual report is sent to all stakeholders. Most importantly, the progress the children are making is on display at various performances, sporting events and tournaments throughout the year.

## 2018 ACTUAL COSTS

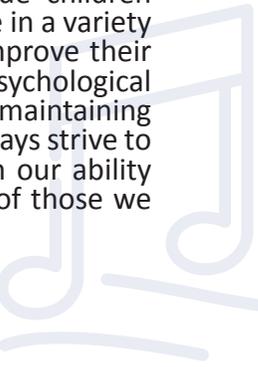
USD \$17,994

## FUTURE PLANS

In 2019, we will continue to provide children opportunities to learn and participate in a variety of sport and fitness activities that improve their fitness and skills while helping their psychological and social development. In addition to maintaining our current sports curriculum, we always strive to improve our services and strengthen our ability to create lasting change in the lives of those we support.

## REPORTING PERIOD

January – December 2018



# EXECUTIVE SUMMARY

In 2018, the Sports Programme in Mongolia continued to provide the children in our care with a variety of fun sporting opportunities to help their physical, psychological, and social development. This year, the programme provided lessons in taekwondo, cricket, and general fitness, and organised a variety of fun, team-building sports days and competitions.

## IN 2018

- 70** CHILDREN benefitted from the Sports Programme
- 15** CHILD SPONSORSHIP PROGRAMME STUDENTS
- 03** BLUE SKIES KINDERGARTEN STUDENTS
- 11** SIBLINGS OR FRIENDS OF CHILDREN on our sponsorship programme or children of CNCF staff members.
- 114** MEDALS Taekwondo students participated in twelve international and domestic tournaments
- 43** BLUE SKIES GER VILLAGE RESIDENTS
- 63** CHILDREN participated in taekwondo lessons.
- 25** CHILDREN participated in cricket lessons
- 04** BLUE SKIES GER VILLAGE CHILDREN attended a ten-day swimming course for beginners
- 04** CHILDREN participated in a volleyball course for beginner and intermediate players.

# PROGRAMME BACKGROUND

The Mongolia Sports Programme was established in 2010 at the Blue Skies Ger Village. A residential care facility for children who have experienced a childhood that has been shaped by poverty, abuse and extreme neglect. The village provides a safe, happy and supportive home for these children, one where they are surrounded by unconditional love and respect.

The objective of our Sports Programme is to provide the children in our care opportunities to cultivate new interests and hobbies that will help their physical, psychological and social development. Initially, this was achieved by introducing taekwondo classes at our village; a popular sport in Mongolia which has proven benefits in improving fitness, focus, discipline, self-confidence and respect for oneself and others. It is also a fun team activity where our children can express their emotions in a therapeutic way.

Taekwondo classes were suspended in 2013 and reintroduced in 2015. From then on, all children living at the village have benefited from the lessons. Because taekwondo is a non-compulsory activity, a core group of the most dedicated children has emerged and formed our CNCF team. These children take part in tournaments regularly, which has helped develop their skills and confidence. They have also won many awards.

Since its inception, our Sports Programme has expanded its scope to include classes in cricket and archery. Currently it also includes disadvantaged children and their siblings from our Child Sponsorship Programme and the children of CNCF staff members.

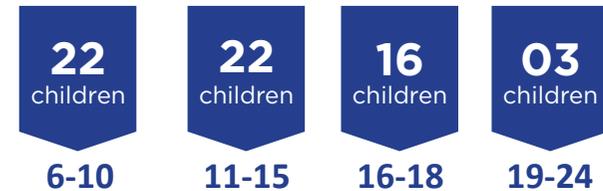
Furthermore, our children have access to a basketball court and volleyball net, which are located on our Ger Village grounds. In the summer months, the basketball court becomes the heart of the village and is a place where the children and CNCF team come together to enjoy group games and sports.

Throughout the year, our staff organise a variety of sporting events, such as morning exercise classes and a Ger Village Sports Day. Our young people also participate in numerous competitions and tournaments, which are arranged by different children's organisations to promote friendship and physical activity in the community.

# OUR YEAR

The Sports Programme operates across three of our Foundation's projects: The Blue Skies Ger Village, Child Sponsorship Programme, and Blue Skies Kindergarten. During 2018, the programme included lessons in taekwondo, cricket, and general fitness, and incorporated a variety of fun, team-building sports days and competitions. For the first time, we were also able to send a small group of children out to swimming and volleyball classes.

## 2018 BY THE NUMBER



The CNCF taekwondo team won **28 gold**, **31 silver** and **55 bronze medals** at **5 international** and **7 domestic tournaments**

**25** CHILDREN who attended cricket lessons were from the Blue Skies Ger Village



The Blue Skies Ger Village children also participated in casual sports activities such as friendly basketball matches, morning exercise classes and sports days **3 children** travelled to Korea to compete in international tournaments, **4 older Ger Village children** attended a ten-day swimming course for beginners, **4 Ger Village children** participated in a volleyball course for beginner and intermediate players



## Message from Taekwondo Coach Battulga Nasankhuu

“

I have worked as CNCF’s taekwondo coach since April 2015, running six training sessions a week at the Ger village. I believe it is important for the children to feel relaxed, happy, and have lots of fun during taekwondo lessons and at competitions; however, I also encourage them to show discipline, commitment and respect toward each other and the sport. I believe this balance is essential.

At the being, the children used to joke around in lessons and hold back their strength because they were scared to fail. They lacked confidence, which was reflected in their performance. Over time this has changed significantly and through regular practice they have become confident, skilled and respectful athletes who take taekwondo extremely seriously. It makes me feel incredibly proud when I watch them at tournaments—they always encourage and support each other and show respect and good manners to the other competitors and event organisers. The character traits they have developed through taekwondo have also benefited them in their daily lives—they are more focused at school, responsible and active in supporting the Ger Village community.

Over the past three years, our children have won many awards at international and domestic tournaments. Some of the children have even had the opportunity to travel abroad, which has opened their eyes to different cultures and cultivated their belief in themselves that they can achieve anything if they work hard and put their minds to it.

With the new Ger Village community centre and the increased space available for practice, the children’s skills are developing even faster than before and I am confident we will see more successes in the Sports Programme than ever before in 2019. I am incredibly proud to be CNCF’s taekwondo coach and have the opportunity to teach these amazing children a sport that will benefit them for the rest of their lives.

# PROGRAMME HIGHLIGHTS

## Taekwondo

Taekwondo lessons were reintroduced at the Blue Skies Ger Village in 2015 after a two-year break. Since then, we have seen noticeable improvements in our children's fitness, self-esteem, focus and respect toward themselves and others.

Because most of our young people come from extremely traumatic backgrounds, they often exhibit challenging behaviour and symptoms of emotional distress, including feelings of anger, sadness and frustration. By taking part in taekwondo, they learn how to take ownership of their feelings in a healthy and healing way. They become better at understanding and managing their mental state, leading to a greater sense of peace, happiness and fulfilment.

This year 34 children from the Ger Village participated in taekwondo lessons. They were joined by 15 children from our Child Sponsorship Programme, 11 siblings or friends of children on our sponsorship programme or children of CNCF staff members and 3 children from our Blue Skies Kindergarten. The children are divided into two groups depending on their school timetable, and each group has three 2.5-hour lessons per week on Mondays, Wednesdays and Fridays.

During the classes, our children learn essential self-defence techniques and have fun with a sport that exercises not only their whole bodies but their minds too.

Our professional coach Battulga, is passionate about the benefits of teaching taekwondo to children and leads each class with pride, authority and attention to the needs of each child. He has become a well-respected and beloved member of our community and his hard work and commitment to the children, combined with their motivation, has resulted in many victories and achievements for our taekwondo team over the past three years.

In 2018, our children participated in five international and seven domestic tournaments, receiving an impressive 28 gold, 31 silver and 55 bronze medals. Over the past three years, our talented young athletes have won 62 gold, 75 silver and 142 bronze medals.

Furthermore, this year one child received her black belt and was officially recognised as a Sports Master by World Taekwondo Federation; one child received the Best Female Athlete award at the Arslan (Lion) International Cup; one child was acknowledged as the Best Sportswomen in a contest by the Korean Embassy; one child was officially recognized as a Sports Master and one as a Sports Sub Master and three children are now eligible to rank as International Sports Master, Mongolian Sports Master, and Sports Sub Master.

These are incredible achievements for our young people and testament to the potential that lies within all children if given the right encouragement, support and opportunities.

## 2018 INTERNATIONAL TAEKWONDO TOURNAMENTS AND AWARDS

Date	Name of Tournament	Location	Number of CNCF Participants	Number of Other Participants	Awards Received	Notes
May	Arslan' Cup International Tournament	Ulaanbaatar, Mongolia	16	Over 600 participants	2 gold, 4 silver, 7 bronze medals and a certificate for best sportswoman	Participants from 34 organisations from China, Hong Kong, Russia, and Mongolia.
July	'Sonam' Open	Sonam, Korea	2	2500 participants	1 gold, 1 silver and 2 bronze medals	10 country teams and 150 Korean clubs participated
	Chonju Open	Chonju, Korea	3	2272 participants	2 gold, 2 silver and 1 bronze medals	28 country teams and 121 Korean clubs participated
Aug	Kimunhyong Cup International Open Taekwondo Championships	Seoul, Korea	1	3300 participant (from 56 countries)	1 gold medal	Organised to allow for achievement of Olympic score at G2 class
Oct	Mongolia Open	Ulaanbaatar, Mongolia	11	700 participants	1 gold, 5 silver and 7 bronze medals	Participants were from 5 countries: China, Kazakhstan, Russia, Korea and Mongolia.

## 2018 DOMESTIC TAEKWONDO TOURNAMENTS AND AWARDS

Date	Name of Tournament	Number of CNCF Participants	Number of Other Participants	Awards Received	Notes
Feb	Songinokhairkhan District Championships	29	43 participants from 5 schools and 3 clubs	8 gold, 9 silver and 13 bronze medals. CNCF team won second place overall.	CNCF played a leading role in organising the tournament.
Mar	National Championships of Poomsae	3	470 participants from 31 organisations	1 gold and 1 bronze medal	Mongolian Taekwondo Federation organised the tournament.
Apr	Adolescent and Youth National Championships	6	470 participants from 32 organisations	4 bronze medals	
May	'Future Starts Now' match	7	600 participants from 34 organisations	CNCF athletes won 2 gold, 1 silver, and 5 bronze medals The CNCF team also won 2 bronze medals	The contest was held among bigger cities and towns in the country, such as Erdenet and Darkhan.
Jun	Junior Tournament at Gobi-Altai	16	600 participants from all over Mongolia	4 gold, 2 silver, and 2 bronze medals	
Sep	Contest hosted by the Korean embassy	22		2 gold, 4 silver, and 4 bronze medals. A Certificate for the best woman athlete.	First time a CNCF girl has received a special award.
Dec	Adult National Championship	7	280 participants from 26 organisations	2 bronze medals	Our older CNCF taekwondo team members participated in this match.

## 2018 DOMESTIC TAEKWONDO EVENTS

Date	Name of event	Number of CNCF Participants	Number of Other Participants	Awards Received
Jan	MTF 6th Anniversary Festival	18	42 organisations, 570 participants	4 gold, 3 silver, and 5 bronze medals. The CNCF earned second place overall.

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## TESTIMONIAL FROM CNCF TAEKWONDO TEAM MEMBER, AGE 11

“

I started taekwondo in 2016. In the beginning I didn't like it, but now it's my favorite sport. Before I started taekwondo, my health was weak. I often got sick and was sent to hospital for treatment. Now, I hardly ever get ill and I am also getting stronger and taller. For the first two years I couldn't win any of the contests I participated in. However, I was encouraged by my coach and this year I started winning matches. I now have a gold, silver, and bronze medal! I will keep practicing hard and next year I will win even more medals. Thank you to my Coach Battulga and CNCF for supporting me and helping me to find this new passion.

\*Names changed to protect privacy.

# CRICKET

In 2016, our children began attending cricket lessons organised by the Mongolian Cricket Association—the first cricket organisation established in Mongolia. This year, 25 children living at the Ger Village participated in cricket classes, including 10 children who have shown particular interest and commitment and formed our CNCF team. These children attend weekly 4-hour coaching sessions held at the club's grounds located in one of the capital city's main parks.

Headteacher Battulga is the first internationally qualified Mongolian coach and teaches our children with great enthusiasm and passion for the sport. Because it is part of the association's initiative to promote cricket and produce more qualified coaches, our Ger Village Junior Psychologist Munkhsukh attends a weekly cricket coaching course organised by the club. He encourages and supports our children's development in the sport by overseeing practice sessions at the Ger Village.

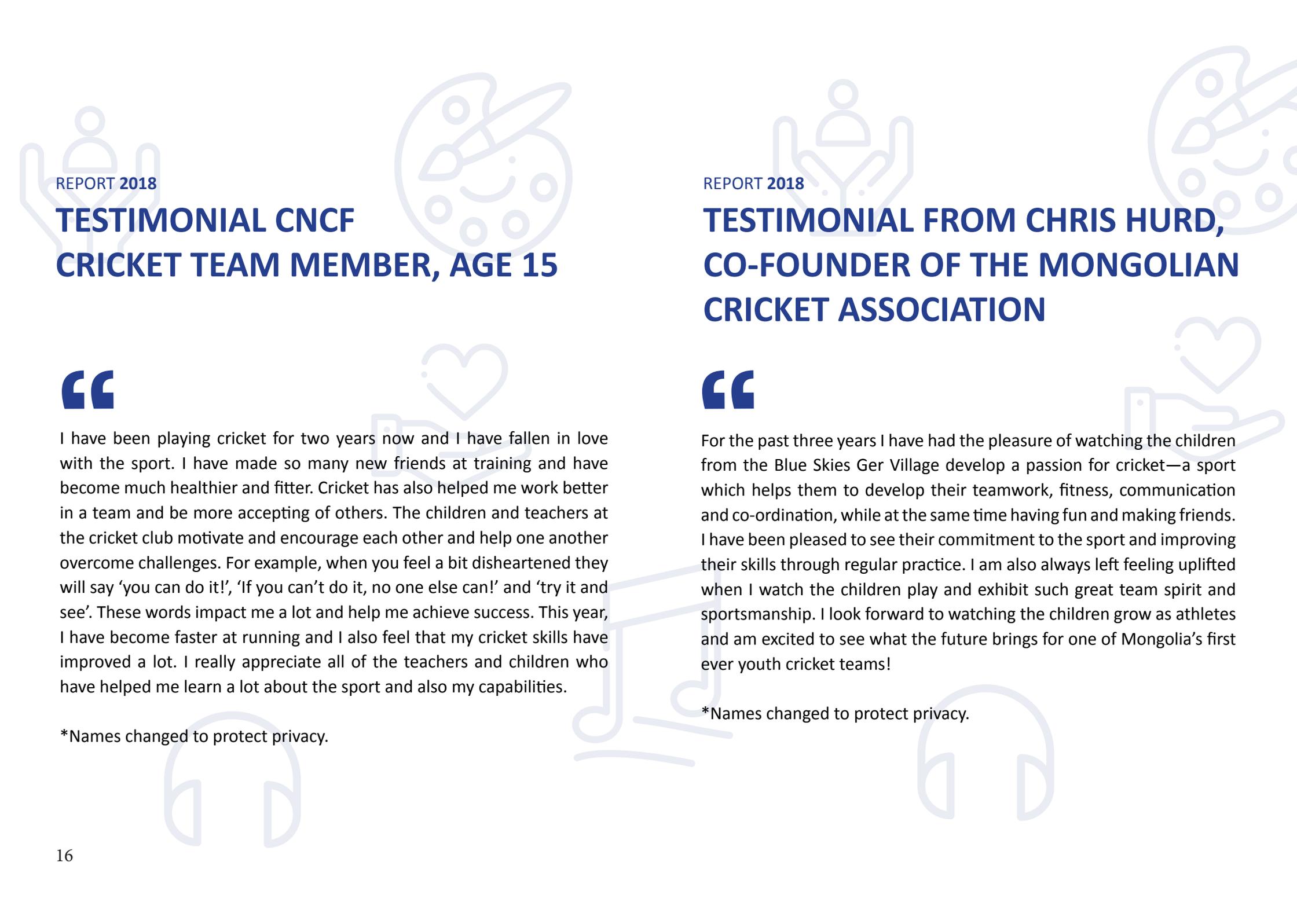
This year, our team participated in **three** competitive matches:

- ◆ The annual indoor Cricket Youth Championships in which CNCF finished second place out of eight teams. One of our children was named the Best All-Round Performer and one was named the Best Batsman of the day.
- ◆ A spring outdoor tournament to mark the opening of the cricket pavilion in which CNCF fourth place out of five teams. One of our children was named Best Batsman of the day.
- ◆ The annual Friendship Indoor Youth Championship in which CNCF finished third place out of nine teams.

The competitions were a valuable opportunity for our children to develop their skills, build team spirit and make new friends.

Furthermore, we are delighted that two of our children were selected to join the national youth team. This is an outstanding achievement and a testament to the effectiveness of CNCF's philosophy of supporting every child as an individual, exposing them to a range of opportunities so they can develop their talents.

We are proud to be part of the Mongolian Cricket Association, who do great work teaching children a sport that helps them develop their coordination, fitness and focus while having fun outdoors and making new friends.



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## TESTIMONIAL CNCF CRICKET TEAM MEMBER, AGE 15

“

I have been playing cricket for two years now and I have fallen in love with the sport. I have made so many new friends at training and have become much healthier and fitter. Cricket has also helped me work better in a team and be more accepting of others. The children and teachers at the cricket club motivate and encourage each other and help one another overcome challenges. For example, when you feel a bit disheartened they will say ‘you can do it!’, ‘If you can’t do it, no one else can!’ and ‘try it and see’. These words impact me a lot and help me achieve success. This year, I have become faster at running and I also feel that my cricket skills have improved a lot. I really appreciate all of the teachers and children who have helped me learn a lot about the sport and also my capabilities.

\*Names changed to protect privacy.

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## TESTIMONIAL FROM CHRIS HURD, CO-FOUNDER OF THE MONGOLIAN CRICKET ASSOCIATION

“

For the past three years I have had the pleasure of watching the children from the Blue Skies Ger Village develop a passion for cricket—a sport which helps them to develop their teamwork, fitness, communication and co-ordination, while at the same time having fun and making friends. I have been pleased to see their commitment to the sport and improving their skills through regular practice. I am also always left feeling uplifted when I watch the children play and exhibit such great team spirit and sportsmanship. I look forward to watching the children grow as athletes and am excited to see what the future brings for one of Mongolia’s first ever youth cricket teams!

\*Names changed to protect privacy.



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## TESTIMONIAL FROM GER VILLAGE CRICKET COACH MUNKSUKH

“

This year, CNCF’s cricket team participated in three competitive matches organised by the Mongolian Cricket Association. During the tournaments, I was incredibly proud to see our children showing such support and encouragement to each other and to the other children who they were competing against.

As the Ger Village cricket coach, I organise regular practice sessions at the village, accompany the children to cricket training at the club, and motivate them during matches. I have seen the children grow so much since they began training. They have not only become competent cricketers, but they have also developed essential life skills such as respect, sportsmanship, discipline and confidence which is benefiting them in all areas of their lives.

They are committed to achieving their goals and will put in the time and effort to make things happen. Cricket is also helping to develop their fitness and take better care of their health by avoiding sugary foods and eating all their fruit and vegetables. Furthermore, they have broadened their social circle and now have lots of new friends from different organisations.

In 2019, we are aiming to enter the annual Mongolian Children’s Sports Event. This will be the first time that cricket is represented in the event and will be a massive achievement for our team.

I am looking forward to watching our children continue to develop their skills and am excited about what the future will bring for Mongolia’s first wave of cricketers, which I am proud to say includes our children from the Blue Skies Ger Village.

\*Names changed to protect privacy.

# ARCHERY

For the past three years, our Sports Programme has included a two-week archery course at the Ger Village, led by national and world champion archers Simon de Wrangel and Michèle Massina from Belgium.

Our children always enjoy attending the course and developing their skills in a sport that benefits them physically while helping to build their confidence, concentration, patience and connection to Mongolian culture.

Unfortunately, this year Simon and Michèle were unable to visit Mongolia; however, we all look forward to resuming archery in 2019 when they return.



# EVENTS AND HIGHLIGHTS

## Ger Village Sports Day

To cultivate a sense of team spirit and community at our village, our team organised a fun-filled day of friendly competition for our staff and children. The day included a volleyball match, a basketball tournament, relay races and games.

## Swimming

Four of our older Ger Village residents expressed interest in learning to swim and we sent them to a 10-day swimming course for beginners. The children had a great time learning this valuable life-skill and completed the course with a newfound interest and sense of accomplishment. We believe that by exposing our children to a range of activities, environments and people, we help expand their horizons, develop their self-confidence and cultivate excitement for experiencing new things often outside their comfort zone.

## Volleyball

Four of our children participated in a volleyball course for beginner and intermediate players. Following the course, the children were selected to be part of their school league. This is a great achievement for our children and through volleyball they have improved their fitness, confidence and social skills.

## Visit from Australian Cricketer Alex Blackwell

World Cup & Ashes-winning cricketer Alex Blackwell, visited the Mongolian Cricket Association to help the coaches develop their skills and to play cricket with young people from ten different children's organisations. Our CNCF team was invited to participate in the event, which provided a valuable opportunity for them to develop their skills by learning from a top international player.

## Outdoor Morning Exercises

Outdoor morning exercise classes were held at our Ger Village during the children's summer holidays. The classes were led by two of our older boys who were responsible for making sure the other children were up on time and energised for the day ahead.

The sessions included jogging around the village and aerobics on our basketball court. The boys enjoyed the responsibility of teaching the classes and took their roles very seriously. The sessions were an effective way to help our children maintain a good routine during their holidays, improve their fitness and have fun with their friends.

## Ger Village Community Centre

At the end of 2017, our newly built community centre was opened. The centre hosts a large hall, kitchen, dining room, classroom, toilets, reception area and storage facilities. This has been a significant improvement on the awkward, cramped space provided by a ger, and has greatly benefited our children's taekwondo practice. The children now have more space to move freely and have become more motivated and focused during lessons, which has been reflected in their improved performance at competitions. The children love going to their lessons and participating in special taekwondo tournaments and performances in the new hall.

## Taekwondo Performances

Throughout the year, our taekwondo team showcased their skills at Ger Village celebratory events including birthdays, leaving parties, and Children's Day. It always fills us with pride to see our young athletes take to the stage with such confidence and talent to perform a variety of impressive routines.

International Taekwondo Tournaments

## International Taekwondo Tournaments

Three members of our taekwondo team were selected to represent Mongolia at two international tournaments in Korea: The Sonam Open and the Chonju Open. This was an incredible achievement for our children, who received a total of three bronze, three silver and three gold medals. One of our girls also went to Korea for a second time this year, where she was awarded a gold medal in the Kimunyong Cup International Open Taekwondo Championships.

Our taekwondo superstars returned home full of stories and motivation to practice harder than ever before to improve their skills.

Travelling abroad to pursue their passion was a life-changing opportunity for our young people, boosting their confidence and opening their eyes to an exciting world of possibilities. We believe that exposing our children to new experiences, people and places plays an essential role in their personal development and ability to believe in their potential to lead the life that they choose. We want our children to know that they can achieve whatever they put their minds to and that there should be no limits to their dreams.



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## TESTIMONIAL FROM BOLORMAA



Going to Korea was one of the most amazing things that has ever happened to me in my life. I felt so proud to be selected and to not only be representing CNCF, but also my whole country, in a totally different part of the world. Going on a plane was incredible; looking down on Mongolia as we flew up into the sky and then landing in Korea was magical. I thought that things like this were just a dream, but now I have done it and can see that anything is possible if you work hard.

Everything was just so big and fast for me. The buildings and roads were huge and the metros were so fast. People in the streets were running to somewhere as if they were in a big rush. At first I didn't understand why they were running and why everything was so fast. But, after a while, and after running for a metro a few times, I realised that their life is measured in seconds. If you are late for your train or metro by just a second, your whole day is changed and your schedule will not work. Basically, everything was a shock, especially seeing the ocean, which was the highlight of my time in Korea. I also loved their ice cream and the food was very tasty.

After going to Korea I have a wider understanding of the world outside my country. It has encouraged me to travel more and explore more countries in the future. I felt that all of my hard work and practice was worth it. Thank you CNCF for helping me have this amazing experience!

\*names changed to protect privacy



# OUR STORIES

## Cricket Changes a Boy's Life

Bataar\*, age 16, came to live at the Ger Village in 2009 with his older brother. Before arriving at the village, the brothers had been living in incredibly difficult conditions with their heavily alcoholic mother and stepfather, who abused them physically and mentally.

Due to Bataar's difficult childhood he struggled to engage with other children and the CNCF staff at the village. He was often disruptive at school and in the village and sometimes ran away to hang out with friends on the streets.

Over the years, our team has worked hard to support Bataar to heal his childhood trauma that was contributing to his self-destructive behaviour by providing ongoing psychological support, love and encouragement and introducing him to a variety of inspiring extracurricular activities. The most noticeable changes in Bataar's behaviour came after he started attending cricket lessons. Bataar instantly took to the sport and from day one has participated in the training sessions with a commitment to developing his skills and ultimately becoming a professional player.

Through cricket club, Bataar has met lots of new friends and has developed essential life skills such as respect, confidence and focus. He is now excited to learn new things and develop his talents not only in cricket but in all areas of life. His self-esteem has significantly increased and he no longer seeks attention through negative behaviour, but instead wants to make people proud by working hard and achieving success. He has also developed vital leadership skills and has taken on more responsibilities at the village, becoming a role model for many of the younger children.

In 2018, Bataar participated in an indoor cricket tournament where he won 'Best Batsman' and was named the 'Best Player' at the Friendship Indoor Youth Championship. He was also selected to join the National Youth Cricket Team, which is an outstanding achievement and will significantly help Bataar towards his goal of becoming a professional player in the future.

We are all so proud of Bataar, who is a testament to the potential that lies within every child when they receive love, encouragement and opportunities to grow and develop.

\*names changed to protect privacy

# OUR STORIES

## Taekwondo Helps a Child Heal

Eight-year-old Oogii\* came to live at the Blue Skies Ger Village with her older brother in 2014. Sadly, her mother passed away from tuberculosis and Oogii and her brother had been left in the care of their father. Broken by his wife's death, their father turned to alcohol, lost his home and went with his children to live with his two brothers and mother in a dilapidated ger on one of Ulaanbaatar's biggest landfills.

All four adults are heavily dependent on alcohol and fund their habit by rummaging through the piles of rubbish looking for scrap metal to sell to local merchants. The children were severely neglected and often had no choice but to eat the old, decaying food that they found at the dumpsite. When the local authorities found out about the children's appalling living conditions, they immediately took steps to rehome them at our Ger Village. When they arrived, it was clear to see by their dirty clothes, malnourished bodies and joyless expressions that these two children had been left to fend for themselves without any parental love, care, or guidance.

Due to her extremely poor diet, Oogii's muscles had not developed properly. She was very weak and underweight compared to a healthy child of the same age. Oogii was also clearly traumatised by the loss of her mother and her father's subsequent decline. She quickly got angry and frustrated and often cried hysterically.

Furthermore, Oogii lacked basic language skills and found it difficult to communicate. After learning more about her family history, this was attributed to the fact that Oogii had spent a lot of time with her grandmother

who was deaf and therefore her speech hadn't developed at a normal pace. Since arriving at the Ger Village, our psychotherapist has worked closely with Oogii, helping heal some of the trauma that she experienced at such a young and vulnerable age, as well as building her language skills so that she can express herself more freely. She has been given lots of love and attention from all our team, including the other children at the Ger Village who look after her as a little sister.

A crucial part of Oogii's physical recovery has been achieved through physical exercise, most notably, taekwondo.

The classes have been a fun way for Oogii to develop her muscles and she has developed essential character traits and life skills such as confidence, respect of herself and others, discipline, concentration and perseverance. Taekwondo has also been a positive way for Oogii to channel painful emotions, which has resulted in her becoming a much calmer child.

Since beginning lessons, Oogii has taken part in many competitions, recently winning a silver medal in the Blue Wolf Tournament and a gold medal in the Songino Khairkhan District Tournament. She was incredibly happy with these accomplishments and has proudly displayed her awards inside her ger. It is clear to see Oogii's sense of achievement and the self-belief that she has gained through participating in taekwondo.

During the three years that we have known Oogii, we have watched her blossom into a happy, well-adjusted, and determined child with a strong will and big character. Taekwondo has played a significant role in this process, giving her the outlet she needed to cultivate her powerful personality in a way that will lead to fulfilment and peace of mind. We are all so proud of Oogii and the unique little life force she has become.

\*Names changed to protect privacy.



REPORT 2018

# FINANCIAL OVERVIEW



The total cost of running the Sports Programme Mongolia in 2018 was:

**USD \$17,994**

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Heartfelt thanks to our kind donors who enable CNCF to keep this project operating and also to those who generously support with gift and time in-kind which enables us to keep our costs down.

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Our 2018 audits are available on line  
<https://www.cncf.org/finance-policies>





## SPORT PROGRAMME MONGOLIA IN 2018

DESCRIPTION	COUNT	COST	MONTHS	TOTAL	OPERATION	DIFFERENCE
<b>SALARIES</b>						
Taekwondo Teacher	1	450	12	5,400	4,817	583
Social Insurance		11%		594	651	(57)
<b>OTHER OPERATING COSTS</b>						
Firewood & Coal				500	487	13
Electricity				500	632	(132)
Taekwondo Tournament Entries				2,500	3,020	(520)
World Championship taekwondo				6,000	5,790	210





## SPORT PROGRAMME MONGOLIA IN 2018

DESCRIPTION	COUNT	COST	MONTHS	TOTAL	OPERATION	DIFFERENCE
<b>OTHER OPERATING COSTS</b>						
Taekwondo Grad ings				500	253	247
Equipment				1,500	1,812	(312)
Miscellaneous / Others				500	377	123
Bad dept written off					7,994	
<b>TOTAL</b>				17,994	25,833	155

AUDIT

25,833

DEPRECIATION

TOTAL

25,833



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